



ST. THOMAS COLLEGE

Ranni, Pathanamthitta, Kerala - 689673

ACCREDITED BY NAAC WITH ' B ' GRADE

5.1.2 : Capacity Development and Skill Enhancement Initiatives

LIFE SKILLS

CRITERION : 5

**STUDENT SUPPORT AND
PROGRESSION**

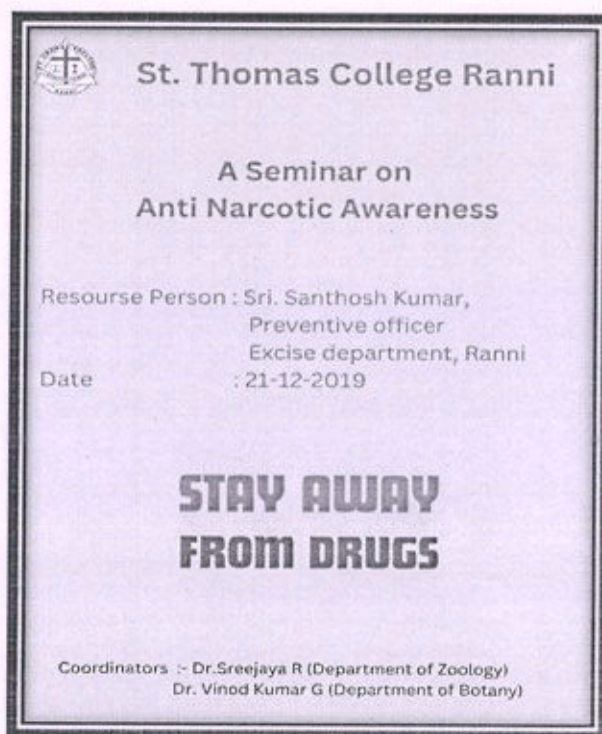


ST. THOMAS COLLEGE, RANNI

Seminar on Anti Narcotic Awareness

<i>Title of the Programme</i>	Seminar on Anti Narcotic Awareness
<i>Name of the Coordinator</i>	Dr. Sreejaya R & Dr. Vinod Kumar T G
<i>Organizing</i>	St.Thomas College Ranni, NSS
<i>Committee/cell/Department</i>	
<i>Date</i>	21/12/2019
<i>Number of participants</i>	100
<i>Recourse Person</i>	Sri. Santhosh Kumar, Preventive officer of the Excise department, Ranni

➤ Brochure of the Programme



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➤ Report

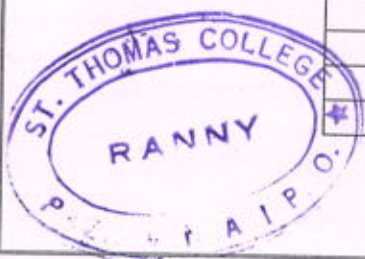
A seminar program conducted by Sri. Santhosh Kumar, Preventive officer of the Excise department, Ranni. His talk was on "Drug addiction in youth and how we can identify the addicted persons in our society and the remedial measures which can be adopted by the NSS volunteers in our society. He explained the life of the addicted persons with examples and the class was very interactive.

➤ Photo of the programme



➤ Student List

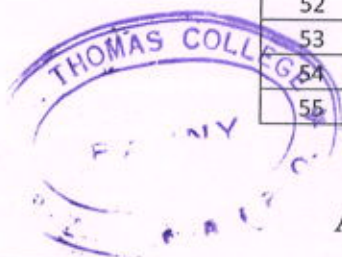
Seminar On Anti Narcotic Awareness		
Name Of Participants		
Date :- 21/12/2019		
Sl. No.	Name Of Student	Department
1	Abhirami K A	Botany
2	Alphina Siyad	Botany
3	Ashly Rajesh	Botany
4	Anandu Vijay	Botany
5	Aswathy Santhosh	Botany
6	Gayathri Das	Botany
7	Keerthana Sunil	Botany
8	Pooja Madhu	Botany





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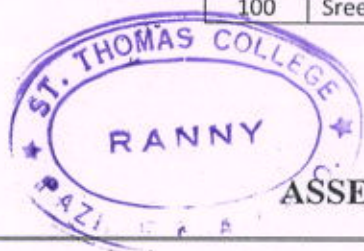
9	Remya Raju	Botany
10	Rohitha P Chandran	Botany
11	Safna C Noushad	Botany
12	Sreelakshmi S	Botany
13	Varsha M	Botany
14	Ashwin Ashok	Chemistry
15	Anjitha Ajith	Chemistry
16	Anju Anian	Chemistry
17	Anuja B	Chemistry
18	Arya Ashokan	Chemistry
19	Athira Manoj	Chemistry
20	Manna Sunny	Chemistry
21	Parvathy Rajesh	Chemistry
22	Priya Prasannan	Chemistry
23	Saiby Thomas	Chemistry
24	Sethu Lakshmi S	Chemistry
25	Tharesh M	Physics
26	Gayathiri Rajagopal	Physics
27	Krishna Prabha S	Physics
28	Megha	Physics
29	Saranya P Kumar	Physics
30	Aswin Alichan	Zoology
31	Anusree P K	Zoology
32	Alfiya Majeed	Zoology
33	Geethu Susan Sunoj	Zoology
34	Farsana Sudheer	Zoology
35	Parvathy B	Zoology
36	Preeja O Nair	Zoology
37	Rakhi Krishna R	Zoology
38	Reshma T P	Zoology
39	Resna Rajesh	Zoology
40	Sreeresmi S	Zoology
41	Arya Jayan	English
42	Aneeta Raju	English
43	Bhagyalekshmi	English
44	Haritha C Suku	English
45	Reshma M R	English
46	Nimmy Antony	English
47	Abin K Sabu	B.Com
48	Aneesh T K	B.Com
49	Aslam Muhammed Kassim	B.Com
50	Aswin Bino Mathew	B.Com
51	Athul J Nair	B.Com
52	Govind Sankar	B.Com
53	Sarang K S	B.Com
54	Sejin K Shaji	B.Com
55	Shijas K S	B.Com





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56	Sivath Sasidharan	B.Com
57	Vishnu Shajan	B.Com
58	Akshara Ram S	B.Com
59	Anna Sheebi	B.Com
60	Bincey Babu	B.Com
61	Bismaya Binu	B.Com
62	Josna K Aji	B.Com
63	Meekha Moncy	B.Com
64	Nandana Raju	B.Com
65	Riji M Reji	B.Com
66	Steny Mary John	B.Com
67	Ajay Mathew	History
68	Hridai A H	History
69	Jibin Abraham	History
70	Joyal Johnson	History
71	Jyothish M A	History
72	Kiranlal	History
73	Robin V John	History
74	Rahul Reghu	History
75	Vineeth M	History
76	Anugraha M Binu	History
77	Devika Gopalakrishnan	History
78	Risana Mol P A	History
79	Shahana Sakkeer	History
80	Amal Raj K R	Economics
81	Amal T Antony	Economics
82	Dennis Sebastian	Economics
83	Jeffin Mathew	Economics
84	Joel Kochumon	Economics
85	Kuriakose K S	Economics
86	Prajith K Prakash	Economics
87	Sachin Thomas	Economics
88	Vishnu Vasu	Economics
89	Athira Jose	Economics
90	Aparna P Santhosh	Economics
91	Aprana Raj	Economics
92	Chinchu Omanakuttan	Economics
93	Chippy Mohan	Economics
94	Gopika Biju	Economics
95	Lakshmi P	Economics
96	Nisha N	Economics
97	Nimi M	Economics
98	Sharon Susan Mathew	Economics
99	Shifana P Shoukkathali	Economics
100	Sreelekshmi S	Economics





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Class on Eye Protection & Eye Camp

<i>Title of the Programme</i>	Eye Camp
<i>Name of the Coordinator</i>	Capt. John M George
<i>Organizing</i>	IQAC & Dept. of Physical Education
<i>Committee/cell/Department</i>	
<i>Date</i>	21/01/2020
<i>Number of participants</i>	841-All Students
<i>Recourse Person</i>	Staff from Allen and Herber, Eye Hospital
<i>Objective</i>	To Identify different Eye Problem

➤ Brochure of the Programme



IQAC & DEPARTMENT OF PHYSICAL EDUCATION
ST. THAS COLLEGE, RANNI

IN ASSOCIATION WITH
ALLEN & HARBOUR EYE CLINIC

Organizes

CLASS ON EYE PROTECTION & EYE CAMP

January 21, 2020, 11 am pm
College Auditorium
All are welcome





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➤ Report

The department took the initiative to conduct a Class on Eye Protection & Eye Camp in collaboration with Allen and Harber on 21/01/2020, a leading Eye hospital in Kerala for whole students and staff. 300 students and all staff participated in that programme. 132 individuals identified with different Eye problems and the Doctor prescribed the medicines and remedial measures.

➤ Photo of the programme





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Awareness Programme on Covid-19

Title of the Programme	Awareness Programme on Covid-19
Name of the Coordinator	Dr. Mathew Kuruvilla
Organizing	Department of Chemistry
Committee/cell/Department	
Date	11/02/2020
Number of participants	
Recourse Person	. Sri. Vinod Kumar, Health Inspector, Primary Health Centre, Makkapuzha, Ranny

➤ Brochure of the Programme

St. Thomas College Ranni

Chemistry Association
organizing
An Awareness on Covid-19


RESOURCE PERSON: SRI VINOD KUMAR
HEALTH INSPECTOR
PHC MAKKAPPUZHA

Organizing Committee

Dr. Lata Maria Varghese (Principal)
Dr. Mathew Kuruvilla (Coordinator)
Dr. Annu Jacob (HOD of Chemistry)
Smt. Bincy Francis
Smt. Ritu Mathew
Smt. Nandya V.
Smt. Seetha C.

Date: 11/02/2020
Time: 11:30 a.m.
Venue: College Seminar Hall




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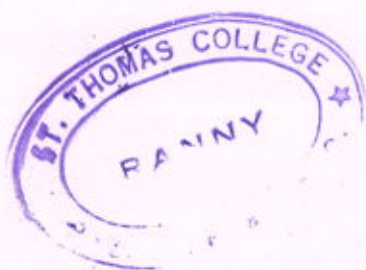


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➤ Report of the programme

As part of Chemistry association (2019-2020) activities, Dept. of Chemistry, St. Thomas College, Ranni conducted an awareness programme on the pandemic. "Covid-19" in college on 11/2/20. Sri. Vinod Kumar, Health Inspector, Primary Health Centre, Makkapuzha, Ranny lead the classes. He talked about the preventive measures against Covid-19. The programme concluded at 3.30 P. M with national anthem.

➤ Photo of the programme



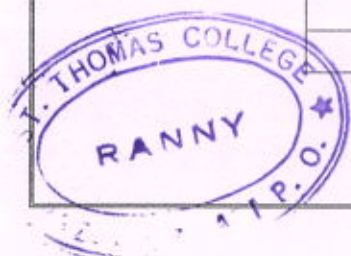
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➤ Student List

Sl. No	Name of Student	Division
1.	Abhija T Baburaj	DC III
2.	Akshaya K. S	DC III
3.	Alphonsa Thomas	DC III
4.	Amritha S	DC III
5.	Anjana P Arun	DC III
6.	Aparna Krishnan	DC III
7.	Archana Jayakumar	DC III
8.	Arya Raj	DC III
9.	Aswin Krishnan	DC III
10.	Christy Anna Paul	DC III
11.	Devika Jayan	DC III
12.	Harsha A .H	DC III
13.	Jerin C .J	DC III
14.	Karthikayan . B	DC III
15.	Ligimol Shiby	DC III
16.	Mariya James	DC III
17.	Mekha Sabu	DC III
18.	Noufia Nazar	DC III
19.	Rajalakshmi R	DC III
20.	Reenu Alias	DC III
21.	Sarath .S	DC III
22.	Sayana P Abraham	DC III
23.	Siyana K Stephen	DC III
24.	Sonamol Soji	DC III
25.	Sulthana Eliyas	DC III
26.	Veena Vijayan	DC III
27.	Nasrin Jamal	DC II
28.	Ashnamol PS	DC II
29.	Sandra Sunny	DC II
30.	Shilpa Sumaangan	DC II
31.	Shincy B Thomas	DC II
32.	Vysakh	DC II
33.	Sruthimol S	DC II
34.	Sona Teres Kurian	DC II
35.	Malavika Aji	DC II
36.	Shanu N Suresh	DC II
37.	Anjanamol K.P	DC II
38.	Sebin Babu Mathew	DC II



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39.	Shiyas Shibu	DC II
40.	Adarsh Thulasi	DC II
41.	Anjali Santhosh	DC II
42.	Divya S	DC II
43.	Aneena Anil	DC II
44.	Akshay Vijaykumar	DC I
45.	Anjitha Ajith	DC I
46.	Anju Anian	DC I
47.	Archana B Panicker	DC I
48.	Ashwin Ashok P P	DC I
49.	Bijin S Baby	DC I
50.	Megha Elsa Mathews	DC I
51.	Parvathi Rajesh	DC I
52.	Parvathi Sajeev	DC I
53.	Priya Prasannan	DC I
54.	Saiby Thomas	DC I
55.	Sethulakshmi S	DC I
56.	Anandha Krishnan K R	DC I
57.	Anuja Suresh	DC I
58.	Arya Ashokan	DC I
59.	Athira Manoj	DC I
60.	Athulya Sabu	DC I
61.	Manna Sunny	DC I
62.	Rishana K R	DC I
63.	Sackson Thomas	DC I
64.	Abhishek P J	PG II
65.	Anfy Akbar	PG II
66.	Dayanasabu	PG II
67.	Mariamamma Thomas	PG II
68.	Meekha Shaji	PG II
69.	Seebababu	PG II
70.	Silpa M Mathew	PG II
71.	Sona Sebastian	PG II
72.	Sreekutty S	PG II
73.	Swathi C M	PG II
74.	Varsha K	PG II
75.	Anjana Thomas	PG I
76.	Ashlin T Asok	PG I
77.	Aswani T	PG I
78.	Bismi K Ummer	PG I
79.	Jibi Mary Johnson	PG I






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80.	Jinta Sara Joseph	PG I
81.	Krishna E.R	PG I
82.	Nithinanand K.M	PG I
83.	Reeba Susan Thomas	PG I
84.	Sanitsabu	PG I
85.	Treesa Joseph	PG I
86.	Vishnu Raveendran	PG 1




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Awareness Programme on Drug

<i>Title of the Programme</i>	Awareness Programme on Drug
<i>Name of the Coordinator</i>	Dr. Suresh M K
<i>Organizing</i>	Vimukthi Cell
<i>Committee/cell/Department</i>	
<i>Date</i>	13-02-2020
<i>Number of participants</i>	100
<i>Recourse Person</i>	Fr. Moncy P. Jacob, Director, NavajeevanaKendram, Malayalappuzha & his Team
<i>Objective</i>	Create awareness on drug

➤ Report of the programme

Antinarcotics awareness programme was conducted at college auditorium on 13.02.2020 in association with RANNI CENTRAL SOCIAL SERVICE SOCIETY. The programme was inaugurated by Fr. Moncy P. Jacob, Director, NavajeevanaKendram, Malayalappuzha by lightening the lamp. He shared several instances of drug addicted people during his inaugural address which opened the eyes of students towards the consequences of drug use. College Principal Dr.Lata Marina Varghese gave presidential address.Sri. Prasad Kadavupuzha, President, Ranni Central Social Service Society gave keynote address. Sri. Jacob Punnammoottil performed a magic show with messages against drug addiction. Counsellors Mr.Jomon K. Joseph and Mr.Joby James facilitated the programme. Club coordinator Dr. Suresh M.K. welcomed the gathering and student coordinator Mr.Bibin T. Biju proposed vote of thanks.




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➤ Photo of the programme




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