



ST. THOMAS COLLEGE

Ranni, Pathanamthitta, Kerala - 689673

ACCREDITED BY NAAC WITH ' B ' GRADE

5.1.2 : Capacity Development and Skill Enhancement Initiatives

LIFE SKILLS

CRITERION : 5

**STUDENT SUPPORT AND
PROGRESSION**

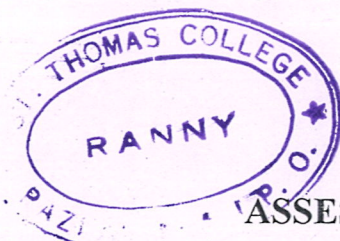
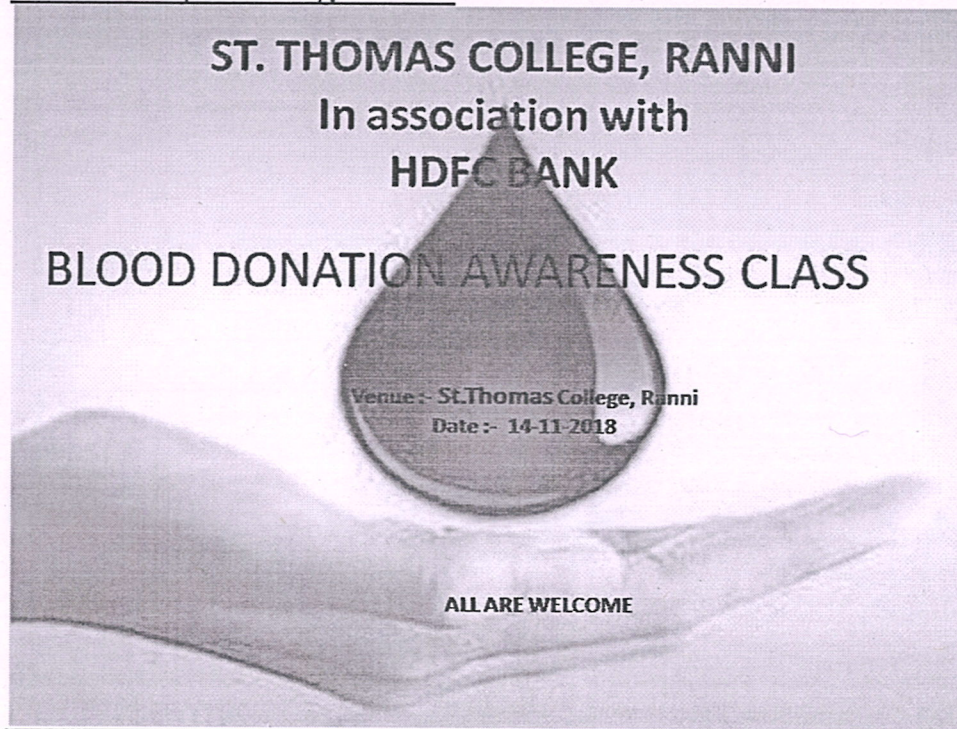


ST. THOMAS COLLEGE, RANNI

Blood Donation Awareness Class

<i>Title of the Programme</i>	:- Blood Donation Awareness Class
<i>Name of the Coordinator</i>	:- Dr. Sreejaya R & Dr. Vinod Kumar T G
<i>Organizing Committee/cell/Department</i>	:- St. Thomas College, Ranni NSS
<i>Date</i>	:- 14/11/2018
<i>Number of participants</i>	:- 45
<i>Recourse Person</i>	:- Dr. Pretty Sacharia from District hospital

➤ Brochure of the Programme



[Signature]
Principal
St. Thomas College
Pazhuvangadi P.O., Ranni



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➤ Report

Nss unit conducted a blood donation Awareness Class in association with Thaluk hospital Pathanamthitta and HDFC bank on 14-11-2018. The Ranni Block Panchayath President Sri. Anson Thomas inaugurated the function and Dr. Pretty Sacharia from District hospital delivered awareness class to the students. A blood donors club was organized in the college and about 150 students registered in that club.

➤ Photo of the programme




Principal
St. Thomas College
Pazhavangadi P.O., Ranni



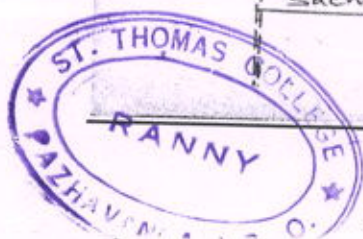
ST. THOMAS COLLEGE, RANNI

> Student List

2018-2019

14/11/2018

NAME	Gender	Mob No.	Blood group	Signature
Nagel Sam Abraham	Male	9072977618	A+ve	<i>[Signature]</i>
Akhil Babu	Male	8157821646	A+ve	<i>Akhil Babu</i>
Rohit Bheskar	Male	9656628394	O+ve	<i>Rohit</i>
Divya S	F	9544146265	A+ve	<i>Divya S</i>
Akeena Anil	F	7558946021	B+ve	<i>Akeena Anil</i>
Muhammed Ajmal A	Male	7907944382	B+ve	<i>[Signature]</i>
Akhil Isaac	Male	9147718232	O+ve	<i>Akhil</i>
Abhinav Gopi	M	9061214687	O+ve	<i>Abhinav</i>
Chandulal	M	8662940878	O+ve	<i>[Signature]</i>
Libin Santhosh	M	7034611603	A+ve	<i>Libin Santhosh</i>
Shabas Bigily	M	8129945865	B+ve	<i>Shabas</i>
Nibu Kishu	M	8113953982	A+ve	<i>Nibu Kishu</i>
Gopin Mon P. G	M	9744237947	B+ve	<i>Gopin</i>
Adarsh S	M	8547956293	O+ve	<i>Adarsh</i>
Arjun R Kannan	M	9544327293	B+ve	<i>Arjun</i>
Dhyanmolik	F	9562597821	O+ve	<i>Dhyanmolik</i>
Christena Thomas	F	940079893	O+ve	<i>Christena</i>
Tanish Jacob Varkkey	M	8078221922	O+ve	<i>Tanish</i>
Vishnu Vijayan	M	7907963511	O+ve	<i>Vishnu</i>
Melvin Chastan	M	9745601945	O+ve	<i>Melvin</i>
Fen Roy Thomas	M	9847540892	A+ve	<i>Fen Roy</i>
Libin George	M	9544569957	B+ve	<i>Libin</i>
Emil S. Philip	M	6282529490	B+ve	<i>Emil</i>
Sanjay K.P	M	9526492655	O+ve	<i>Sanjay</i>
Libin Thomas	M	9645855386	O+ve	<i>Libin</i>
Sachin	M	9562467930	O+ve	<i>Sachin</i>





ST. THOMAS COLLEGE, RANNI

NAME	Gender	Mob. No.	Blood group	Signature
Muhammed Sedhan	M	9746370200	A+	
Annelu. K. Mohan	M	751063295	O+ve	
Rehana R Nair	F	86106549814	O+ve	
Shreya Sanyal	F	9526229125	A+ve	
Sigup Babu	F	9506854193	B+ve	
Jeswin J James	M	3547797153	A+ve	
Samad	M	8115829549	O+ve	
Tawad Ismail	M	9656818492	O+ve	
Jaffin Saji	M	7025869409	O+ve	
Kesan Dev	M	8086895909	O+ve	
Alwin Jose Thomas	M	9446390974		
Nargese Thomas	M	8606249243	AB+	
John Mathew Thomas	M	9606967600		
Abul. Luth	M	9061416678		
Kipman Samuel	M	9072224938	O+ve	
Basil Abraham	M	7510976031	O+ve	
Narshe Sathasb	F	9605551745	O+ve	
Dhilon Raj	M	8086918689	O+ve	
Alhameya Babu	M	9995290418	A+ve	
Emmanuel Tomy	M	7025007062	O+ve	
Gokul. Gopakumar	M	9188216605	A+ve	
Arun V Nair	M	9744677846	A+ve	
Anulal. A.T	M	9562651734	O+ve	
Stebin. Mon.	M	6282616720		
Richu Reji	M	9495231020		
Srinivas	M	9605024814		
Jishnu. D. Nair	M	9061419329	B+ve	



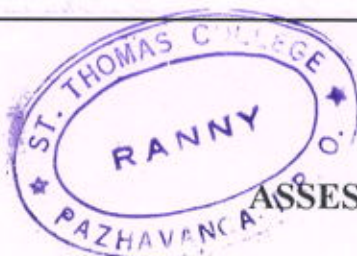
Principal
St. Thomas College
Pazhavangadi P.O., Ranni
St. Thomas College
Pazhavangadi P.O., Ranni
Principal

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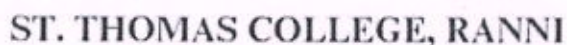
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Programme Officer
National Service Scheme
St. Thomas College
Ranni - 689 673

Dr. Sri Jaya R
NSS P.O.



Principal
St. Thomas College
Pazhavangadi P.O., Ramn





ST. THOMAS COLLEGE, RANNI

➤ Report

Sri. Joshi Joseph, Director, Prodomino foundation, Aruvithara, Kottayam took class on "Importance of Jaiva krishi, organic farming and kitchen garden" in the morning section. Hands on training on the bed preparation and seeding were carried out in the afternoon section. Krishi office Ranni supplied 250 seedlings to the camp as per special request by the NSS Program officer. Brinjal, Tomato, Cabbage, chilly, Ladys finger etc was the items that planted.

➤ Photo of the programme





➤ Student List

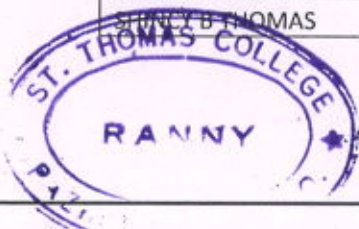
Class on "Importance of Jaiva krishi, organic farming and kitchen garden" Participation List	
Name of the Student	Class
AJESH P P	D1/ Economics
ANANDHU KRISHNA R	D1/ Economics
ANJALY ASHOK	D1/ Economics
ASHNA SHAJAHAN	D1/ Economics
BHAVYA VISWANATH	D1/ Economics
CYRIL JACOB	D1/ Economics
GEETHU LINDA	D1/ Economics
JOSNA ALPHONSA JOSE	D1/ Economics
NADIYA NOWSHAD	D1/ Economics
RIYA JOHN	D1/ Economics
RUBY JOSE	D1/ Economics
SAJITHAMOL P S	D1/ Economics
SALINI BABU	D1/ Economics
SIENA SAM	D1/ Economics
SREELEKSHMI VIKRAMAN	D1/ Economics
STEPHY GEORGE	D1/ Economics
SUJIN K S	D1/ Economics
SUJITHRA S	D1/ Economics
SUPRIYA SUDHAN	D1/ Economics
VAISHNAVI VENUGOPAL	D1/ Economics
VISHNU BIJU	D1/ Economics
ALBIN JOHN SAMUEL	D1/ English
BIBIN T BIJU	D1/ English
EMIL S PHILIP	D1/ English
EMMANUEL TOMY	D1/ English
JAIBI K MATHEW	D1/ English
SHILPA SANAL	D1/ English
ABHIN RAJ R	D1/ B.Com
ANGEL MERLIN MATHEW	D1/ B.Com
ANEESHA BALAKRISHNAN	D1/ B.Com
ANSA ACHU TOMY	D1/ B.Com
AKSA BIJU	D1/ B.Com
ASWATHY P.R	D1/ B.Com
ELSA C JOHN	D1/ B.Com





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GOPIKA ORASAD	D1/ B.Com
KAMAL HARICHANDRAN	D1/ B.Com
MARIA K MANOJ	D1/ B.Com
NEEMA K BIJU	D1/ B.Com
RADHIKAMOL M R	D1/ B.Com
STEBIN MON A MARKOSE	D1/ B.Com
SHEREENA N S	D1/ B.Com
SANIYA P S	D1/ B.Com
TIMIYA BIJU	D1/ B.Com
TOM THOMAS	D1/ B.Com
SREEKUTTY P R	D1/ B.Com
AJITH JOSE	D1/History
ANNA ROY	D1/History
ARCHANA K S	D1/History
ASWATHY RAMESH	D1/History
ASHOK THANKASAMY	D1/History
DIVYA SOMAN	D1/History
HARILAL T L	D1/History
JOISE MATHEW	D1/History
MEEKHIL JOHNSON	D1/History
NELBIN PRAKASH	D1/History
NIYA A VARUGHESE	D1/History
RENJITH T R	D1/History
SUBINA T S	D1/History
SYAMA P S	D1/History
VIDHYA MOL V T	D1/History
VIDHYA SUNIL	D1/History
AHIL S KUMAR	D1/ Botany
ANJU C S	D1/ Botany
ANJU MOHANAN	D1/ Botany
ATHIRA SUNIL	D1/ Botany
LITHA MATHEW	D1/ Botany
MARIA THOMAS	D1/ Botany
MEGHA G NAIR	D1/ Botany
RONY MOL ROY	D1/ Botany
SANDRA SATHYAN	D1/ Botany
SRUTHY RAJEEVAN	D1/ Botany
ANEENA ANIL	D1/ Chemistry
ANJALI SANTHOSH	D1/ Chemistry
ASHNAMOL P.S	D1/ Chemistry
DIVYA S	D1/ Chemistry
NASRIN JAMAL	D1/ Chemistry
SHIBU B THOMAS	D1/ Chemistry





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ABIYA THANKAM EBEY	D1/ Physics
ADITHYA R	D1/ Physics
ARAVIND R KANNAN	D1/ Physics
ASWATHY R	D1/ Physics
SHEL CY PEUS	D1/ Physics
SOORAJ T S	D1/ Physics
SOORYA CHANDRA MOHAN	D1/ Physics
YAMUNA KOCHUMON	D1/ Physics
AMAL S RAJ	D1/ Zoology
ANAKHA S	D1/ Zoology
ANUPAMA DAS	D1/ Zoology
ASHIFA Y	D1/ Zoology
ATHIRA P	D1/ Zoology
JEEVANA P THANKAPPAN	D1/ Zoology
JINI MERIN MATHEW	D1/ Zoology
KRUPAMOL P J	D1/ Zoology
NITHAMOL P S	D1/ Zoology
REEBA K JACOB	D1/ Zoology
RESHMA RAJAN	D1/ Zoology
SHALINI UTHAMAN	D1/ Zoology
SIJO M SANTHOSH	D1/ Zoology
SREELAKSHMI M NAIR	D1/ Zoology
YAMUNA V B	D1/ Zoology



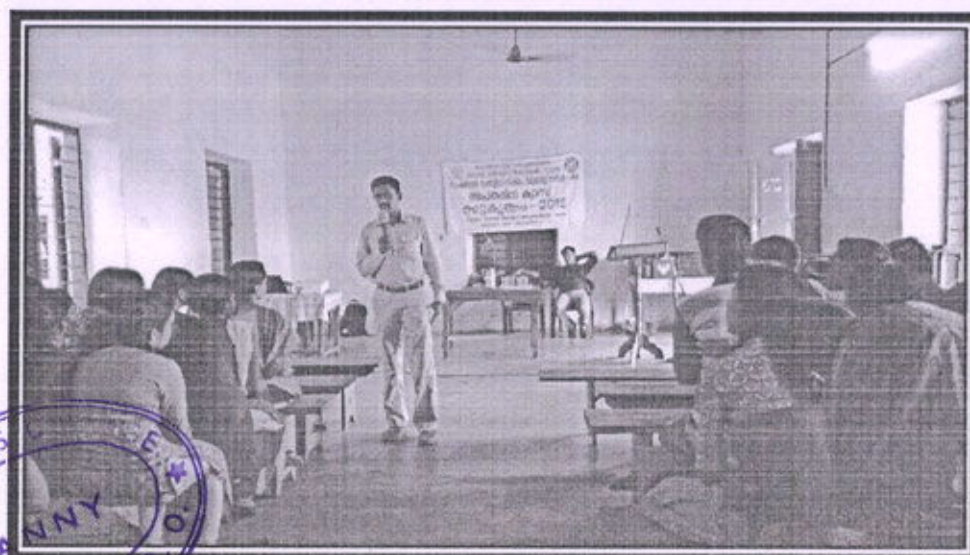
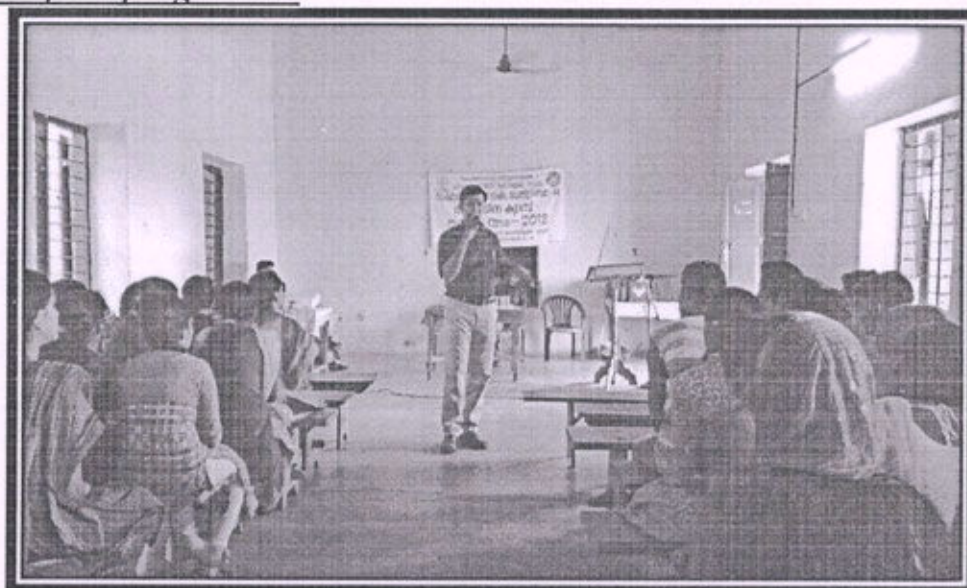
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St. Thomas College
Pazhavangadi P.O., Ranni



➤ Report of the programme

In order to raise awareness on various aspects among students, an orientation class was arranged on 4-12-2018. Sri Jacob P Thomas, along with his team including 6 people took classes on Drug addiction, Personality development and on various new generation thoughts. The class was very attractive, interesting and informative by the magical session arranged between the talks. Students were motivated and actively participated in the discussion session. Dr. Vinod Kumar T G welcomed the team of invited guests and student representatives give feedback to the team.

➤ Photo of the programme





ST. THOMAS COLLEGE, RANNI

> Student List

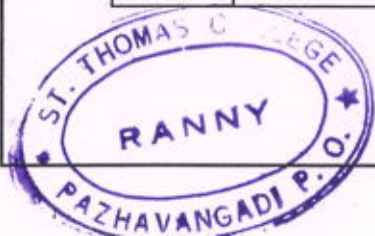
SL.No	Name of the Student	Class
1	AJESH P P	D1/ Economics
2	ANANDHU KRIŠHNA R	D1/ Economics
3	ANJALY ASHOK	D1/ Economics
4	ASHNA SHAJAHAN	D1/ Economics
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11	RUBY JOSE	D1/ Economics
12	SAJITHAMOL P S	D1/ Economics
13	SALINI BABU	D1/ Economics
14	SIENA SAM	D1/ Economics
15	SREELEKSHMI VIKRAMAN	D1/ Economics
16	STEPHY GEORGE	D1/ Economics





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17	SUJIN K S	D1/ Economics
18	SUJITHRA S	D1/ Economics
19	SUPRIYA SUDHAN	D1/ Economics
20	VAISHNAVI VENUGOPAL	D1/ Economics
21	VISHNU BIJU	D1/ Economics
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24	EMIL S PHILIP	D1/ English
25	EMMANUEL TOMY	D1/ English
26	JAIBI K MATHEW	D1/ English
27	SHILPA SANAL	D1/ English
28	ABHIN RAJ R	D1/ B.Com
29	ANGEL MERLIN MATHEW	D1/ B.Com
30	ANEESHA BALAKRISHNAN	D1/ B.Com
31	ANSA ACHU TOMY	D1/ B.Com
32	AKSA BIJU	D1/ B.Com
33	ASWATHY P R	D1/ B.Com
34	ELSA C JOHN	D1/ B.Com
35	GOPIKA ORASAD	D1/ B.Com





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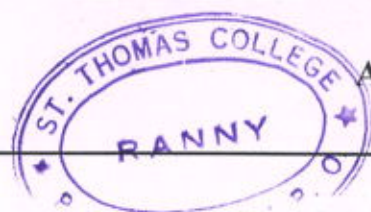
36	KAMAL HARICHANDRAN	D1/ B.Com
37	MARIA K MANOJ	D1/ B.Com
38	NEEMA K BIJU	D1/ B.Com
39	RADHIKAMOL M R	D1/ B.Com
40	STEBIN MON A MARKOSE	D1/ B.Com
41	SHEREENA N S	D1/ B.Com
42	SANIYA P S	D1/ B.Com
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44	TOM THOMAS	D1/ B.Com
45	SREEKUTTY P R	D1/ B.Com
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47	ANNA ROY	D1/History
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50	ASHOK THANKASAMY	D1/History
51	DIVYA SOMAN	D1/History
52	HARILAL T L	D1/History
53	JOISE MATHEW	D1/History
54	MEEKHIL JOHNSON	D1/History





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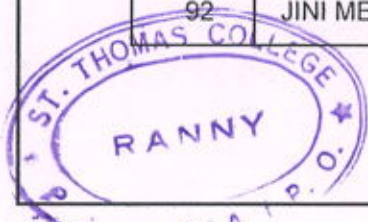
55	NELBIN PRAKASH	D1/History
56	NIYA A VARUGHESE	D1/History
57	RENJITH T R	D1/History
58	SUBINA T S	D1/History
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68	MEGHA G NAIR	D1/ Botany
69	RONY MOL ROY	D1/ Botany
70	SANDRA SATHYAN	D1/ Botany
71	SRUTHY RAJEEVAN	D1/ Botany
72	ANEENA ANIL	D1/ Chemistry
73	ANJALI SANTHOSH	D1/ Chemistry





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74	ASHNAMOL P.S	D1/ Chemistry
75	DIVYA S	D1/ Chemistry
76	NASRIN JAMAL	D1/ Chemistry
77	SHINCY B THOMAS	D1/ Chemistry
78	ABIYA THANKAM EBey	D1/ Physics
79	ADITHYA R	D1/ Physics
80	ARAVIND R KANNAN	D1/ Physics
81	ASWATHY R	D1/ Physics
82	SHELcy PEUS	D1/ Physics
83	SOORAJ T S	D1/ Physics
84	SOORYA CHANDRA MOHAN	D1/ Physics
85	YAMUNA KOCHUMON	D1/ Physics
86	AMAL S RAJ	D1/ Zoology
87	ANAKHA S	D1/ Zoology
88	ANUPAMA DAS	D1/ Zoology
89	ASHIFA Y	D1/ Zoology
90	ATHIRA P	D1/ Zoology
91	JEEVANA P THANKAPPAN	D1/ Zoology
92	JINI MERIN MATHEW	D1/ Zoology





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93	KRUPAMOL P J	D1/ Zoology
94	NITHAMOL P S	D1/ Zoology
95	REEBA K JACOB	D1/ Zoology
96	RESHMA RAJAN	D1/ Zoology
97	SHALINI UTHAMAN	D1/ Zoology
98	SIJO M SANTHOSH	D1/ Zoology
99	SREELAKSHMI M NAIR	D1/ Zoology
100	YAMUNA V B	D1/ Zoology




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ST. THOMAS COLLEGE, RANNI

Breast Cancer Awareness Programme and a Medical Camp

<i>Title of the Programme</i>	Breast Cancer Awareness Programme and a Medical Camp
<i>Name of the Coordinator</i>	Bincy Francis & Dr. Susha S P
<i>Organizing Committee/cell/Department</i>	Tharjini, Women Cell
<i>Date</i>	29/01/2019
<i>Number of participants</i>	150
<i>Recourse Person</i>	Dr.Meenakshi, Coordinator of SAKHI

> Brochure of the Programme

ST.THOMAS COLLEGE, RANNI
WOMEN'S CELL THARJINI
Organizing
BREAST CANCER AWARENESS PROGRAMME & MEDICAL CAMP
In Collaboration With SAKHI
(Medical College Kottayam)

Date:- 29/01/2019
Time:- 10:30 Am
Venue:- Seminar Hall STC Ranni

Coordinators:-
Smt. Bincy Francis
(9947959844)
Dr. Susha SP

Student coordinators:-
Miss. Sneha Mariya
Miss. Merlin

Women's cell @ ST. Thomas College Ranni, Tharjini was started with the aim of empowering and orienting women to recognize their true potential and to help them attain their own stand in a competing world. Women Cell of our college channelizes the inborn talent and leadership qualities of the women students motivates & inspires them and instils the spirit and power of womanhood in them by organizing various activities.

Programme

Prayer
Welcome speech :- Smt.Bincy Francis
 (Women's cell coordinator)

Presidential Address :-Dr.Lata Marina Varghese
 (Principal)

Key note address :-Dr.Meenakshi
 (SAKHI Coordinator)

Vote of thanks :-Ms.Merlin
 (Student coordinator Tharjini)

Organising Committee

Dr. Devipriya M	Dr.Sreejaya R
Smt.Rigi Idikulla	Smt.Elena Sajan
Smt.Anu T Philip	Smt.Rony Jain Raju
Smt.Soumyamol K S	Smt.Sajini S
Smt.Sreevalsa K	Smt.Aiswarya K
Smt.Renjini Reji	Smt.Jenny Joseph





ST. THOMAS COLLEGE, RANNI

➤ Report of the programme

Women's Cell organized a Breast Cancer Awareness Programme and a Medical Camp on 29/01/2019 in association with SAKHI Medical College, Kottayam Unit. Dr. Meenakhi, coordinator of SAKHI led the awareness class. The best weapon to prevent breast and cervical cancer is awareness and early detection. They taught our students to self-examine. They also provided a screening programme. Around 150 students benefited from the medical camp.

➤ Photo of the programme

