



ST. THOMAS COLLEGE

Ranni, Pathanamthitta, Kerala - 689673

ACCREDITED BY NAAC WITH ' B ' GRADE

3.4.3 : Number of extension and outreach Programmes conducted by the institution through organised forums including NSS / NCC with involvement of community

REPORTS

2021 - 2022

CRITERION : 3

**RESEARCH, INNOVATIONS
AND EXTENSIONS**

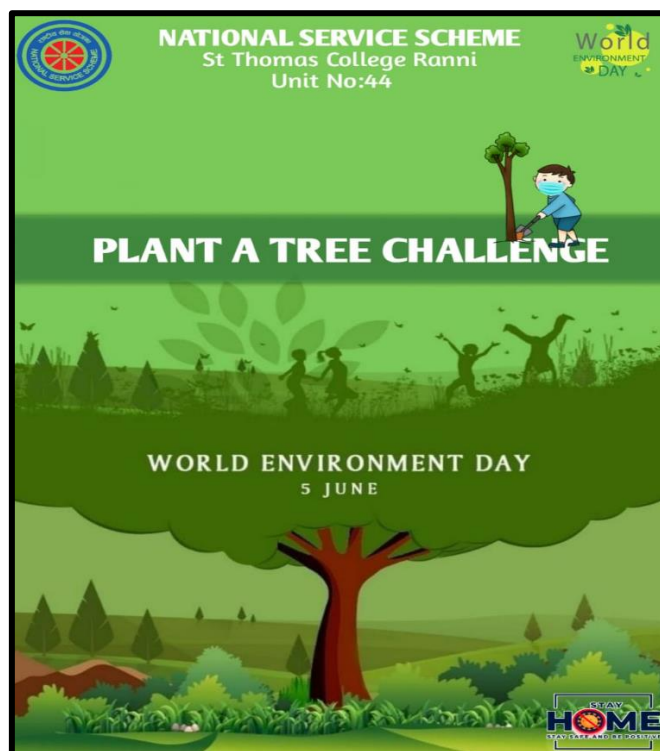


ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCHEME UNIT NO: 44

Name of the Activity	Plant a Tree Challenge
Academic Year	2021-2022
Organizing / Collaborating agency	NSS Volunteers and Community
Beneficiaries	Community
Date/ Duration	05.06.2021
No. of Staff	02
No. of Students	100

In order to practice the Theme of the National Environmental Day 2021, “The Ecosystem restoration”, the NSS volunteers took a challenge to Plant a tree at home and neighbourhood home as an extension activity during the Covid pandemic period. Each NSS Volunteers planted 5 fruit trees at their own home or in the neighbourhood home. Thus the planting tree challenge was a great achievement that 500 new samplings were planned at various places by NSS Volunteers on World Environmental Day 2021. Due to Covid pandemic situation, digital Certificate was issued to the NSS volunteers for their enthusiasm to initiate of ecosystem restoration concept.





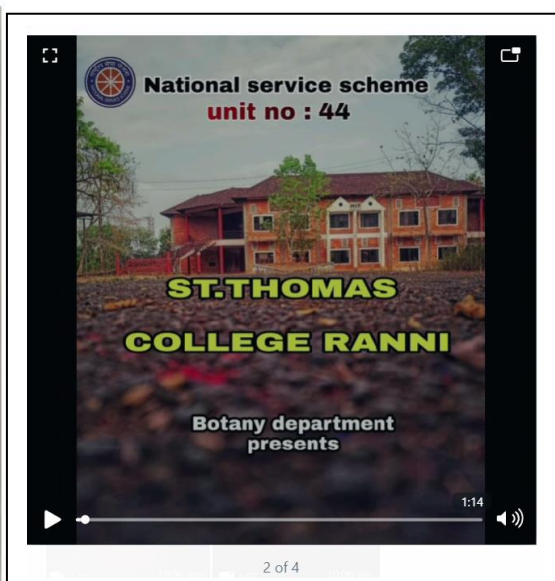
Planting the saplings of Fruit trees by NSS Volunteers



ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCHEME UNIT No: 44

Name of the Activity	Making Covid awareness video
Academic year	2021-2022
Organizing / Collaborating agency	NSS Volunteers
Beneficiaries	Students and Public
Duration	10.06.2021
No. of Staff	2
No. of Students	50





Participation List

1.	ABHINAYA K. H	B.Com	26.	AKHILA ANILKUMAR	BSc Chemistry
2.	AJISHA BALAKRISHNAN	B.Com	27.	ARATHIMOL. A	BSc Chemistry
3.	ARCHANA SASI	B.Com	28.	FEBA ANNA JOHN	BSc Chemistry
4.	DEVALEKSHMI A K	B.Com	29.	JOFINA SIBY	BSc Chemistry
5.	NANDHAKUMAR K.A	B.Com	30.	MEENAKSHI H	BSc Chemistry
6.	PRANAV HARIDAS	B.Com	31.	MITHILA M M	BSc Chemistry
7.	SACHU A NAIR	B.Com	32.	SULTHANA K A	BSc Chemistry
8.	ABHI SUNIL	BA Economics	33.	ARAVIND MOHANAN	BSc Chemistry
9.	ATHIRA RAGHU	BA Economics	34.	ARYA ASHOKAN	BSc Physics
10.	CHIKKU SURENDRAN	BA Economics	35.	ASWATHI R	BSc Physics
11.	FARHANA FATHIMA AYOOB	BA Economics	36.	LEKSHMI ANIL	BSc Physics
12.	IRFANA HANEEFA	BA Economics	37.	SHIKHA SAJEEV	BSc Physics
13.	LAKSHMI UDAYAN	BA Economics	38.	SILPA MOHAN	BSc Physics
14.	ADHITHYA KOCHUMON	BA English	39.	DHARMESH MS	BSc Physics
15.	ADITHYA ANIL	BA English	40.	SANDEEP VP	BSc Physics
16.	ARCHANA KRISHNAN	BA English	41.	ABITHA THOMAS	BSc Zoology
17.	ARYA.R	BA English	42.	ANAGHA.S.KURUP	BSc Zoology
18.	DHANYA T R	BA English	43.	APARNA K SASI	BSc Zoology
19.	ANJANA SASINDRAN	BA History	44.	ARUNYA RAJ A	BSc Zoology
20.	ATHIRA MOL K	BA History	45.	BIVINA SAMUEL	BSc Zoology
21.	ARCHANA K S	BA History	46.	LEKSHMI VINOD	BSc Zoology
22.	NANDANA. M	BA History	47.	RESHMA C RAJAPPAN	BSc Zoology
23.	ARCHANA VINOD	Bsc. Botany	48.	SREEMOL P	BSc Zoology
24.	FAZANA FEROSE	Bsc. Botany	49.	SURYA SANTHOSH	BSc Zoology
25.	VEENA S	Bsc. Botany	50.	VIPI SANKAR T	BSc Zoology

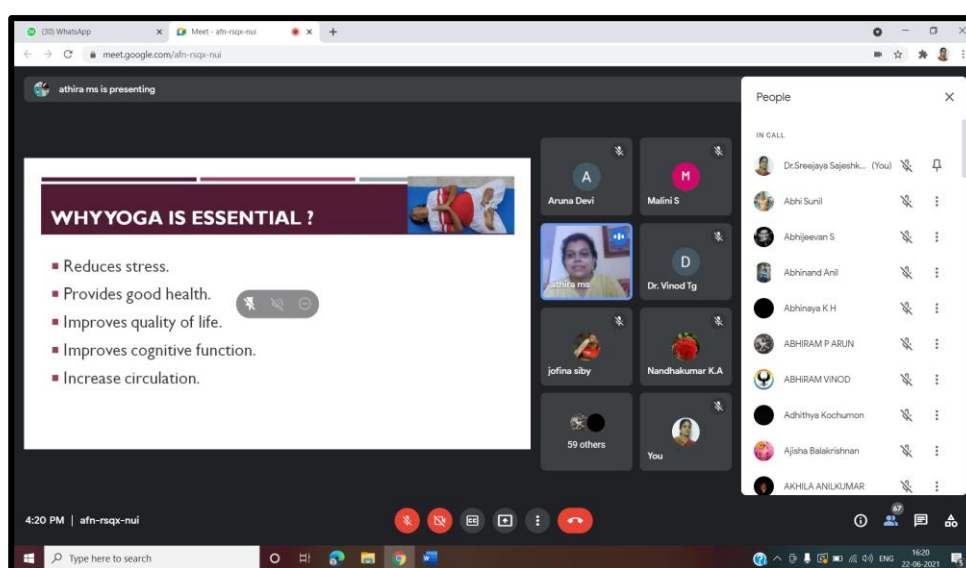


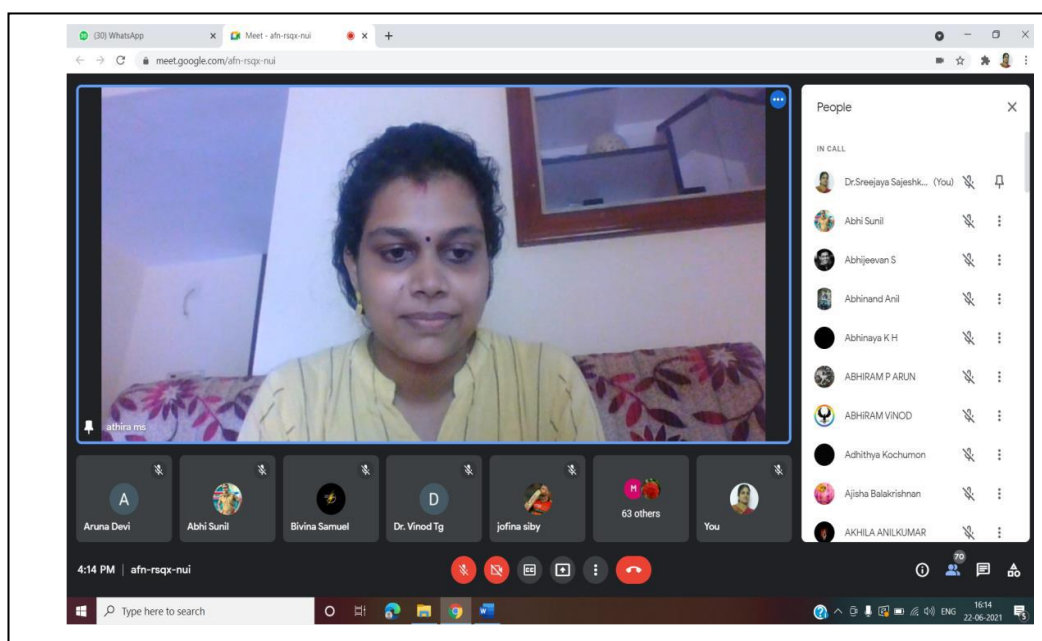
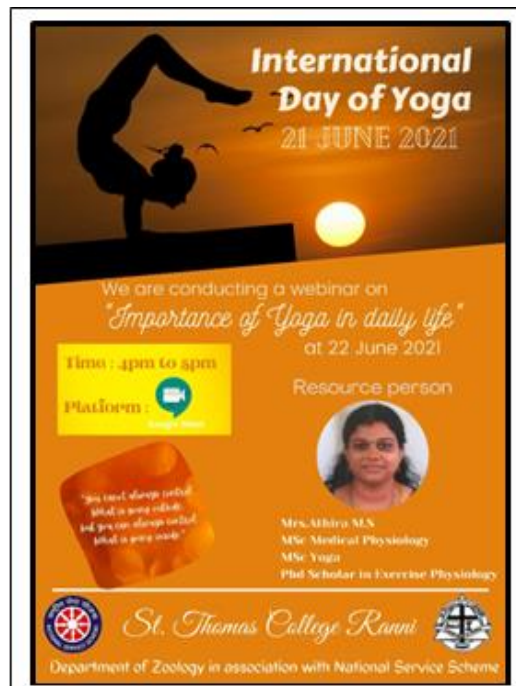
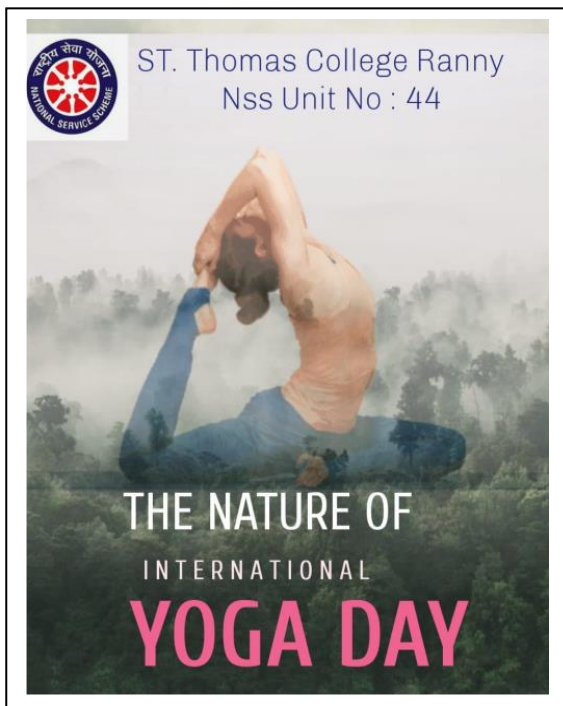
ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCHEME UNIT No: 44

Name of the Activity	Practice of Yoga
Academic year	2021-2022
Organizing / Collaborating agency	NSS Volunteers & Dept of Zoology
Beneficiaries	Students and Public
Duration	22.06.2021
No. of Staff	2
No. of Students	100

During the period of Covid Pandemic, the year 2021-2022, all people lead a sedentary life at home due to Covid lockdown. Yoga become One of the best solutions for maintain a healthy life during this period. In order to aware the people in the society, the NSS unit No: 44 & Department of Zoology jointly scheduled a Yoga webinar for public on the topic **“Importance of Yoga on daily Life”** on 22nd June, 2021. The brochure was circulated among the public . The resource person of yoga webinar was Mrs. Athira M. S, PhD Scholar in exercise physiology at Believer’s hospital, Thiruvalla. Her talk was from basics of yoga to its benefits in daily life and health well being especially during the covid pandemic situation. Seventy benefitted in this webinar. Dr. R. Aruna Devy, HOD, Dept of Zoology, welcomed the webinar and student volunteers expressed vote of Thanks to the resource person.





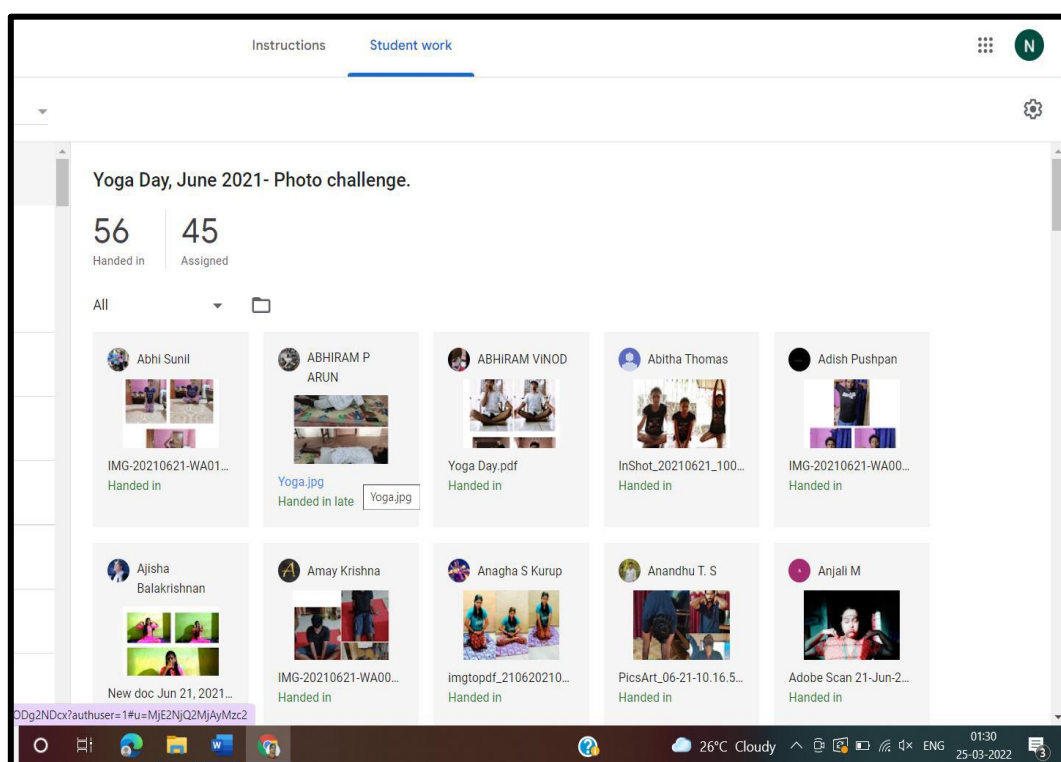
Mrs. Athira MS on Webinar session of “Importance of Yoga in daily Life”



NATIONAL SERVICE SCHEME UNIT No: 44

Name of the Activity	Yoga Challenge
Academic year	2021-2022
Organizing / Collaborating agency	NSS Volunteers
Beneficiaries	Students & Family Members
Duration	18.07.2021
No. of Staff	2
No. of Students	60

During the mass spread of the Covid virus, society suffered a lot of health issues especially Children were at home completely due to lockdown and online classes from institutions. Obesity and lack of mobility result an overweight in Children during this period. So NSS volunteers planned to conduct a Yoga challenge in their own home along with family members. Based on the knowledge obtained in the previous seminar they attended the Yoga Day, practised yoga to their family members and decided to accept a Yoga challenge on 18th September 2021. Sixty NSS Volunteers participated in the challenge along with kids at home. Some students were willing to send the photos to the NSS classroom slot provided to them. Yoga Booklet issued by the Ministry of Ayurveda, Yoga & Naturopathy which give a detailed description of the different postures of yoga to be practised in daily life was circulated among the friends' circle of NSS Volunteers. NSS Volunteers took a decision to practise yoga in their daily life during entire Covid pandemic condition. Dr. Vinodkumar T G , NSS Program officer took the initiative to practise Yoga for volunteers and family members.





NATIONAL SERVICE SCHEME UNIT NO: 44

Name of the Activity	Webinar on POCSO Act & Gender Equality
Academic year	2021-2022
Organizing / Collaborating agency	NSS Unit and Sakshi NGO
Beneficiaries	Womens in the Society
Duration	24.07.2021
No. of Staff	02
No. of Students	181




NSS and IQAC, St Thomas College, Ranni , in association with ‘Sakshi’(NGO working for children) organized a webinar on 24/7/2021 on POCSO ACT 2012 AND GENDER EQUALITY, the programme was hosted and chief presentation was made by Dr Jayashree, HR and Talent development consultant of Sakshi. Apart from our college three other colleges participated in the webinar, representatives from all the 4 colleges contributed in the discussion after the presentation. The presentation gave an elaborate description of the evolution of POCSO ACT 2012 and the various provisions of the act; she also gave an account of the activities of Sakshi and measures taken by the organization for the protection of Children from being abused. She encouraged NSS volunteers to join their Rakshin project in order to provide safe space sessions for children. The presidential address was rendered by IQAC coordinator Dr Rigy Idiculla, NSS Programme Officer; Dr Sreejaya R coordinated the programme. 181 students attended in the webinar.

Meetinglink:

<https://us06web.zoom.us/j/96452337338?pwd=SjA1REk0QzFKa1M4Z0Y2elFHdVd6dz09>




ST. THOMAS COLLEGE, RANNI



in collaboration with
National Service Scheme (NSS)
UNIT NO: 44 & IQAC

St. Thomas College, Ranny
(Affiliated to M.G University)
organizes a
WEBINAR on
POCSO ACT 2012
AND
GENDER EQUALITY

**Event Speaker**



Date : 24-07-2021
Time : 3 pm
Platform : Zoom

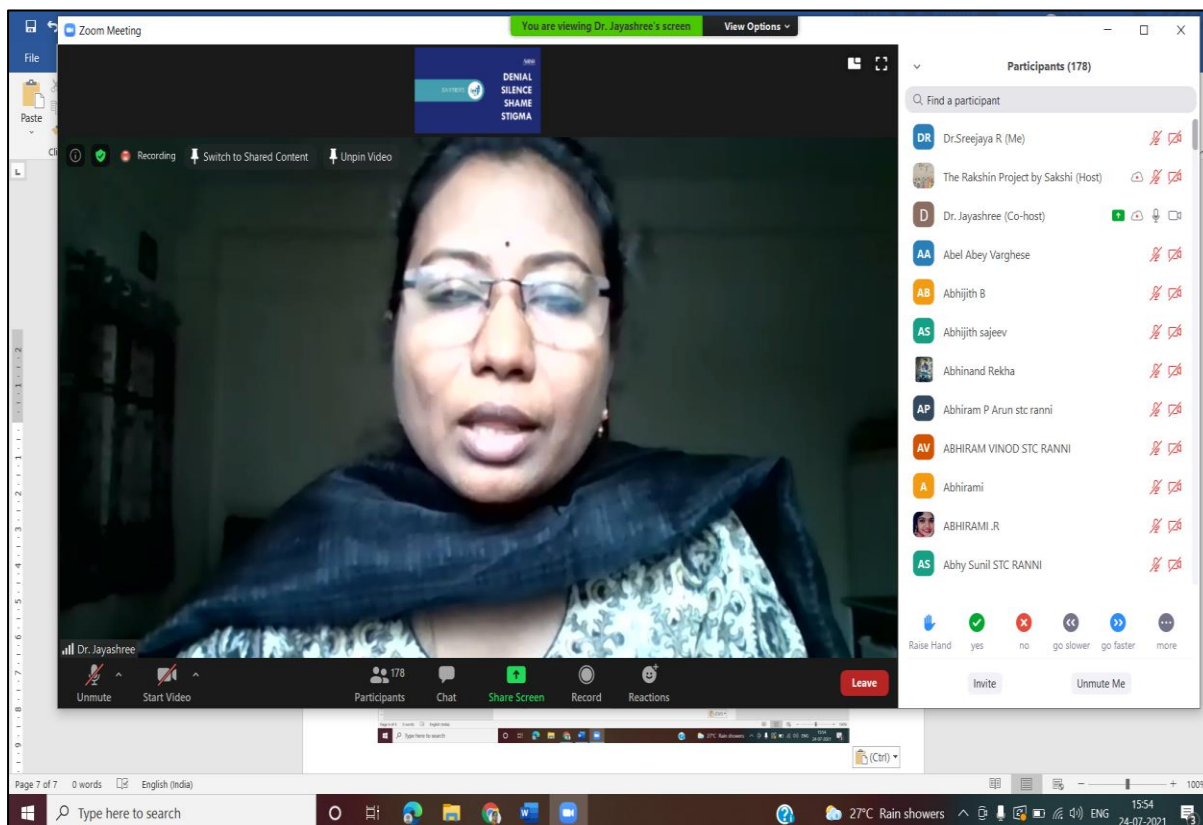
Principal
Dr. Aleyamma
Kuruvilla

NSS Programme
Officers
Dr. Vinodkumar
T.G,
Dr. Sreejaya R

IQAC
Coordinator
Dr. Rigy
Idiculla

Gender Sensitization Program Series-II
"NAAM"







ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCHEME UNIT N0: 44

Name of the Activity	Kanal Campaign
Academic year	2021-2022
Organizing / Collaborating agency	NSS Unit and Kerala Govt. Women & Child Dept, Pathanamthitta
Beneficiaries	Women & Child
Duration	8.9.2021 – 10.09.2021
No. of Staff	05
No. of Students	300

NSS Unit No. 44 and Gender Justice Forum of St. Thomas College, Ranni in association with Kerala Women and Child Welfare Department, Pathanamthitta organised gender awareness classes for 3 days from Sept 8-10, for all college students to create an awareness on various aspects of gender equality, laws for women and child and awareness on various aspects of gender justice. Dr. Aleyamma Kuruvilla, Principal delivered the presidential address to the program on the first day. Dr. Fr. Mathews Vazhakkunnam and Capt. John M George felicitated the programs on second and third day of the webinar. Students actively interacted with the resource persons and 300 students of the college benefitted by this webinar series of 3 days. Dr. Sreejaya R, NSS PO and Asst. Prof. Binimol Mathew, Coordinator of Gender Justice forum coordinated the program for three days to ensure maximum participation of students from the college. The NSS Volunteers created video and submitted it to the KANAL project.

MSK PTA is inviting you to a scheduled Zoom meeting.

Topic: KANAL CAMPAIGN - Batch 20. ST.THOMAS COLLEGE, RANNI

Time: Sep 8, 2021 02:00 PM Mumbai, Kolkata, New Delhi

Join Zoom Meeting

<https://us02web.zoom.us/j/83136897705?pwd=bzR5eHBUb3pFK2NkMlI2dDduVkpJUT09>

Meeting ID: 831 3689 7705

Passcode: 855694

MSK PTA is inviting you to a scheduled Zoom meeting.

Topic: KANAL CAMPAIGN - BATCH 21, ST.THOMAS COLLEGE, RANNI

Time: Sep 9, 2021 02:30 PM Mumbai, Kolkata, New Delhi

Join Zoom Meeting

<https://us02web.zoom.us/j/81755101709?pwd=WEFNK2JtblU2QTlyUjEycck0UExUdz09>

Meeting ID: 817 5510 1709

Passcode: 157083



ST. THOMAS COLLEGE, RANNI

MSK PTA is inviting you to a scheduled Zoom meeting.

Topic: KANAL CAMPAIGN- BATCH 22, ST.THOMAS COLLEGE, RANNI

Time: Sep 10, 2021 02:00 PM Mumbai, Kolkata, New Delhi

Join Zoom Meeting

<https://us02web.zoom.us/j/88380988230?pwd=dmlNRU9NeStlVVgzeDFjM2JFb1Ntdz09>

Meeting ID: 883 8098 8230

Passcode: 161583

KERALA GOVERNMENT
WOMEN AND CHILD DEVELOPMENT
DEPARTMENT PATHANAMTHITTA

IN COLLABORATION WITH
ST. THOMAS COLLEGE RANNI കനൽ

GENDER JUSTICE FORUM

Gender Awareness Class
20th Batch 08/09/2021 02:00pm NSS UNIT NO 44

Presidential Address : Dr. Aleyamma Kuruvila
(Principal)

Resource Persons

Adv. Dileep Kumar
(M. S. W, L.L.B)

Anson P D Alexander
(Kanal Director)

മഹിളാ ശാക്തീകരണം | വനിതാ ശിശു വികസനവകുപ്പ് പത്തനംതിട്ട
mskptal2@gmail.com 8907700385

KERALA GOVERNMENT
WOMEN AND CHILD DEVELOPMENT
DEPARTMENT PATHANAMTHITTA

IN COLLABORATION WITH
ST. THOMAS COLLEGE, RANNI

GENDER JUSTICE FORUM

GENDER AWARENESS CLASS
09/09/2021 02:30pm zoom NSS UNIT NO : 44

Felicitation : Fr. Mathews Vazhakunnam
Assistant professor, Department of Malayalam
STC RANNI

Resource Person : Adv. Maya Krishnan

മഹിളാ ശാക്തീകരണം | വനിതാ ശിശു വികസനവകുപ്പ് പത്തനംതിട്ട
mskptal2@gmail.com 8907700385

KERALA GOVERNMENT
WOMEN & CHILD DEVELOPMENT
DEPARTMENT PATHANAMTHITTA

IN COLLABORATION WITH
ST. THOMAS COLLEGE RANNI

GENDER JUSTICE FORUM

GENDER AWARENESS CLASS
22th Batch 10-09-2021 02:00pm zoom

Felicitation Capt. John M George
[Vice principal STC Ranni]

Resource Persons

Dileep kumar
(LLB, MSW)

Adv. Aswathy Das

മഹിളാ ശാക്തീകരണം | വനിതാ ശിശു വികസനവകുപ്പ് പത്തനംതിട്ട
mskptal2@gmail.com 8907700385



ST. THOMAS COLLEGE, RANNI

Zoom Meeting

Participants (51)

Find a participant

DR Dr.Sreejaya R (Me) MSK PTA (Host) MSK PTA (Co-host) A Abin k sabu AN Aiswarya N.R AR Akshara Ram AS Albin siby AA Ameen Ansar Amrutha J Amrutha P surendran A Anchitha Anna Sheebi AP ANSON P D ALEXANDER, KANAL AJ Arya Jayan AR Ashly Rajesh

Dr.Sreejaya R Binimol Mathew Kesiya M. C ANSON P D ALE...

SEJIN K SHAJI BHAGYAMOL K.... Lithiya Nandana Raju

Anchitha BINCEY BABU Varsha M Elena Sajan

Sachu raju MSK PTA Meekha Moncy Akshara Ram Abin k sabu

Steny Mary John Anna Sheebi Joel Johnson Aiswarya N.R Megha

Connecting to audio ✓

Type here to search

28°C AQI 40

14:12 08-09-2021

Zoom Meeting

Participants (56)

Find a participant

PM Preethi Merin Riji M Reji RC Rohitha Chandran Sachu raju Sarang Santhosh SK SEJIN K SHAJI S sonu Steny Mary John VM Varsha M AS Alphina Siyad AV ANANDU VIJAY AP Arjun Prasad ATHUL J NAIR Prasin Prasad SN SAFNA NOUSHAD SS Sivath Sasidharan

Dr.Sreejaya R A ANJANA SHAJI Kesiya M. C

ANSON P D ALEXANDER, KANAL

Type here to search

28°C Rain showers

14:22 08-09-2021



Zoom meeting interface showing a presentation slide titled "ലിംഗപദവിയും നിയമങ്ങളും" (Gender and Laws). The slide features an image of a gavel. The Zoom sidebar on the right lists participants: Dr.Sreejaya R, DILEEP, ANSON P D ALE..., MSK, and Varsha M. The bottom toolbar shows options like Unmute, Start Video, Participants, Chat, Share Screen, Record, and Reactions.

Zoom meeting interface showing a presentation slide titled "ലിംഗാധിഷ്ഠിത അതിക്രമങ്ങൾ" (Gender-based Discriminations). The slide lists various types of discrimination: ശാരീരികം (Physical), ലൈംഗികം (Sexual), വൈകാരികം (Emotional), മാനസികം (Mental), സാമ്പത്തികം (Economic), സാമൂഹികം (Social), and മതപരം (Religious). It also includes a cartoon illustration of a person being oppressed by a large hand. The Zoom sidebar on the right lists participants: Dr.Sreejaya R, DILEEP, ANSON P D ALE..., MSK, and Varsha M. The bottom toolbar shows options like Unmute, Start Video, Participants, Chat, Share Screen, Record, and Reactions.



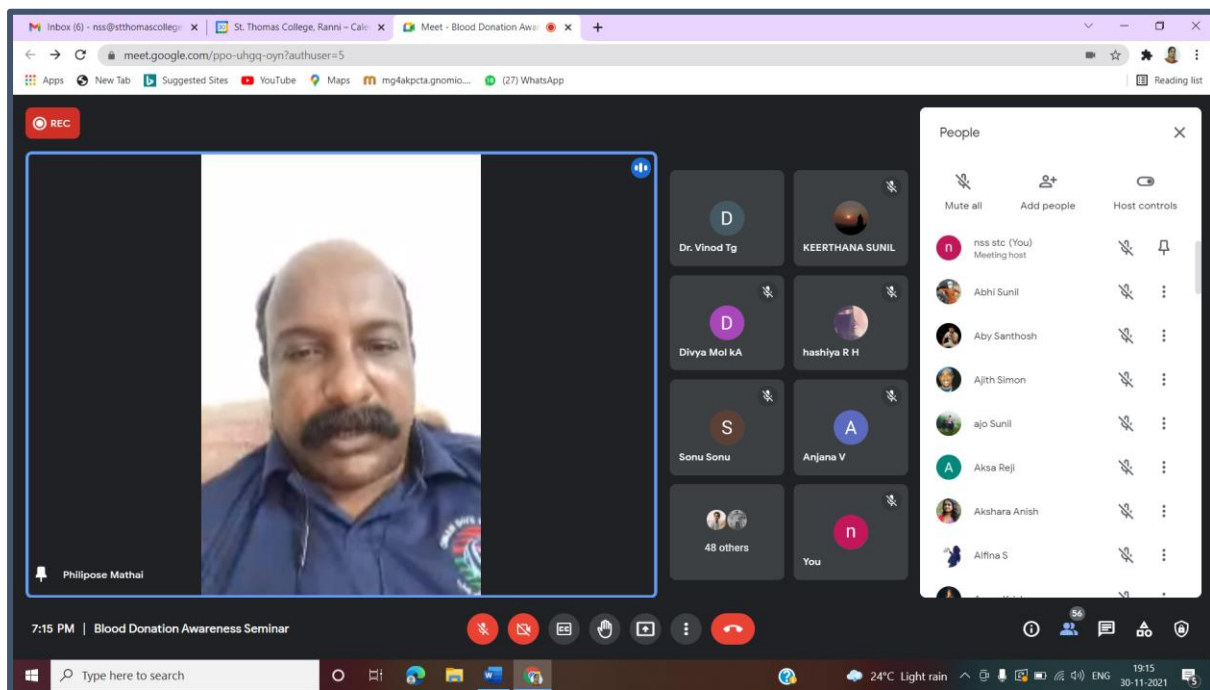
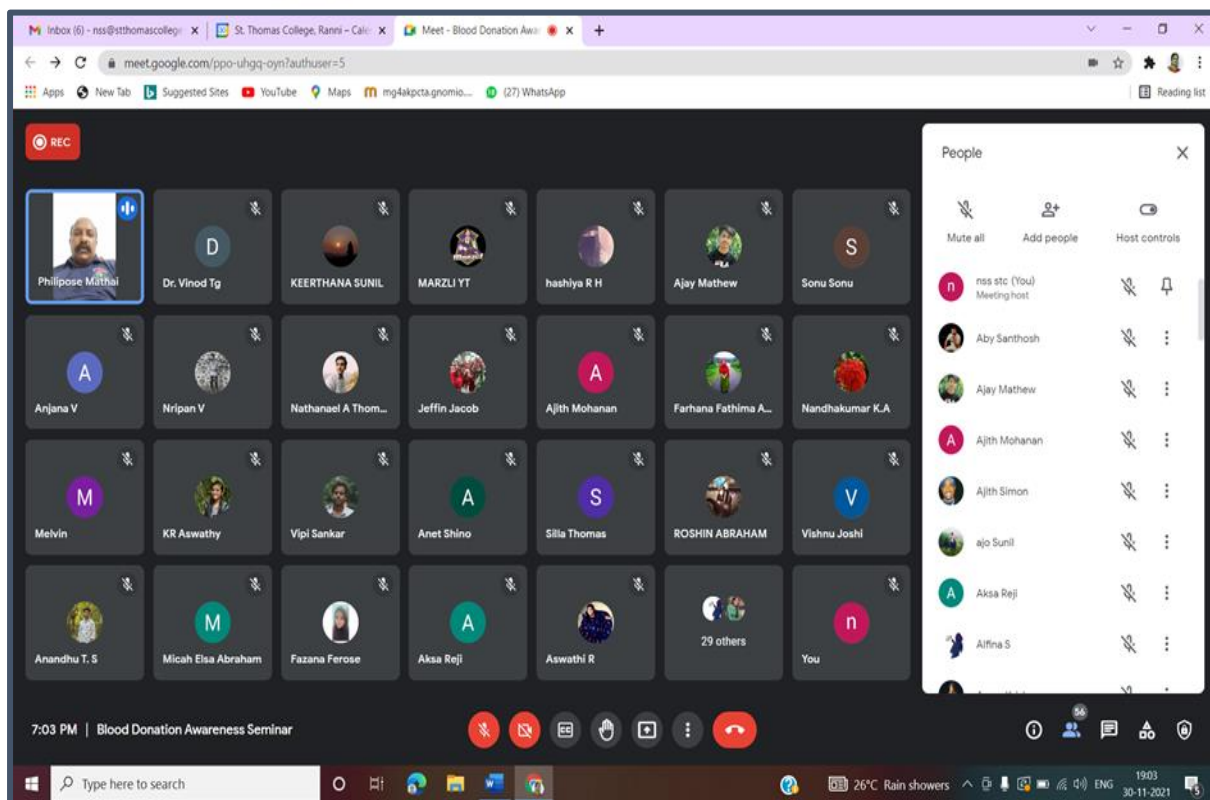
NATIONAL SERVICE SCHEME UNIT N0: 44

Name of the Activity	Webinar on Blood Donation
Academic year	2021-2022
Organizing / Collaborating agency	NSS Unit and Blood donors Kerala (BDK), Pathanamthitta Unit
Beneficiaries	Emergency patients at Thaluk Hospital Pathanamthitta
Duration	30.11.2021
No. of Staff	02
No. of Students	46

In Association with Blood Donors Kerala (BDK) an awareness seminar was conducted on 30.11.2021 at 7pm in the google platform in the seminar link : <https://meet.google.com/ppo-uhgq-oyn> . In order to create awareness among the public, the link was open for public also. Due to covid pandemic every hospitals were facing the shortage of stored blood at blood banks. People were also afraid of donating blood to others due to the fear of covid. Also there were so many doubts regarding the donation of blood in the post covid infection. Awareness class was handed by Mr. Biju, Kumpazha, the president of Blood Donors Kerala, Pathanamthitta district. He delivered a detailed doubt clearing session on Blood donation, its benefits, precautions taken before donating the blood and what are the rules that to be followed before and after donating the blood etc. The session was very interactive by the volunteers and informative to the students and their parents at home. Based on the knowledge obtained through this seminar many students showed their willingness to register in the BDKs and donating blood in emergency. Actually this orientation webinar was a pre awareness session for the Blood donation camp scheduled on the next day at St. Thomas College, Ranni. Dr. Vinodkumar T G and Dr. Sreejaya, the NSS program Officers took initiative to conduct a blood donation camp at college on next day.



ST. THOMAS COLLEGE, RANNI



Webinar on Awareness of Blood donation



ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCHEME UNIT NO: 44

Name of the Activity	Blood Donation Camp
Academic year	2021-2022
Organizing / Collaborating agency	NSS Unit and Blood donors Kerala (BDK), Pathanamthitta Unit
Beneficiaries	Emergency patients at Thaluk Hospital Pathanamthitta
Duration	01.12.2021
No. of Staff	02
No. of Students	40

Blood Donation camp was organized by the NSS Unit in association with the Thaluk Hospital, Pathanamthitta and Blood donors association Pathanamthitta on 1st December 2021. Out of 65 registration, 46 NSS Volunteers donated the blood. Dr. Vinodkumar T G , NSS Program officer guide the student coordinators to keep the camp place neat and tidy and to keep social distance due to covid threat. Dr. Sreejaya delivered the vote of thanks to Dr. Pretty, In charge of blood bank at Thaluk hospital Pathanamthitta for the valuable suggestions and help rendered during the blood donation.





ST. THOMAS COLLEGE, RANNI



Certificates issued by Blood Donors Kerala Association



Blood donation camp





ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCHEME UNIT NO: 44

Name of the Activity	Training Program on “Probation of Offenders Act & Nervazhi Project”
Academic year	2021-2022
Organizing / Collaborating agency	District Probation Office, Pathanamthitta & NSS Volunteers
Beneficiaries	The women which need protection by law
Duration	20.01.2022
No. of Staff	02
No. of Students	40

Nowadays women are suffering a lot inside the family. They need support and protection by law. To make them aware about these laws is the responsibility of the Society. To find out those women from the locality, the district probation office Pathanamthitta conducted a training program for NSS Volunteers on 20.01.2022 in the google meet platform. (Link meet.google.com/kuv-coba-vci.) Fourty NSS Volunteers participated and received certificate for Taluk level Training Program on “Probation of offenders Act & Nervazhi Project organised by District Probation Office, Pathanamthitta.





ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCHEME UNIT N0: 44

Name of the Activity	Debate competition
Academic year	2021-2022
Organizing / Collaborating agency	Women and Child Welfare department , Pathanamthitta , NSS & IQAC of St. Thomas College Ranni
Beneficiaries	Women in the Society
Duration	03.03.2022
No. of Staff	03
No. of Students	15

NSS & IQAC of St. Thomas College Ranni in association with Women and Child Welfare department conducted a debate competition in the college level, which is the selection panel for District and State level Quiz competition in connection with International Women's day on March 8th, 2022. Fifteen students actively registered in the competition and finally Ten students selected for college level.

The Officials and Judges from Women and Child Welfare department evaluated the performance of the Team and the competition spirit and five students selected and awarded with cash prize 5000/-.

St. THOMAS COLLEGE RANNI
Affiliated to Mahatma Gandhi University, Kottayam

IQAC & NSS
In association with
WOMEN AND CHILD WELFARE DEPARTMENT

ARE ORGANISING A DEBATE ON
DOWRY SYSTEM

On MARCH 8th International Women's Day

For Registration
Click here to Join

LAST DATE FOR REGISTRATION IS 01.03.2022

Prizes for the BEST DEBATER & TEAM at college and state level

Preliminary : College level
March 3rd, 2022

Final : State level
March 8th, 2022

For more details contact
Dr. Rigy Idiculla (IQAC Coordinator)
8547515383
Dr. Sreejaya R (NSS P.O)
9496414518



Debate competition



ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCE UNIT NO: 44

Name of the Activity	Debate competition
Academic year	2021-2022
Organizing / Collaborating agency	Women and Child Welfare department , Pathanamthitta ,
Beneficiaries	Women in the Society
Duration	05.03.2022
No. of Staff	02
No. of Students	05

The Officials and Judges from Women and Child Welfare department evaluated the performance of the Team and the competition spirit and five students selected and awarded with cash prize 5000/-. The District level competition held on 5th March,2022 at Pathanamthitta and received the certificates from District collector. The students participated in district level competition are

1. Jeena M Saji
2. Alfina S
3. Rissanamol P A
4. Lakshmi Prakash V P
5. Farhana Fathima Ayoob

Kum. Farhana Fathima Ayoob selected as best debater from this Team and awarded with Rs 1000/- cash prize.



District level competition on 05.03.2022



Receiving the Certificate of district level competition



Certificate of participation



NATIONAL SERVICE SCHEME UNIT NO: 44

Name of the Activity	Campus Cleaning
Academic year	2021-2022
Organizing / Collaborating agency	NSS Volunteers
Beneficiaries	College students & Public
Duration	19.03.2022
No. of Staff	02
No. of Students	20

After the covid pandemic lockdown period, the whole courtyard of the campus was cleaned by NSS volunteers on March 19, 2022. The waste were sorted into plastic, paper , glass and metals and kept in safe place to hand over it to Clean Kerala Company. Twenty NSS Volunteers from the department of botany and economics participated in the cleaning activity.





Campus Cleaning by NSS Volunteers after lockdown period



NATIONAL SERVICE SCHEME UNIT NO: 44

Name of the Activity	First Aid & Rescue Operations
Academic year	2021-2022
Organising / Collaborating agency	NSS Volunteers & Kerala State Fire Force Department
Beneficiaries	Students & Community
Duration	28.12.2021
No. of Staff	02
No. of Students	100

The NSS Unit of St. Thomas College Ranni, in collaboration with the Kerala Fire Force Department, organized a demonstration class for NSS volunteers during a seven-day camp. The primary objective of this initiative was to provide hands-on training to the volunteers in the areas of first aid and emergency rescue operations. The program aimed to equip the volunteers with essential skills that would enable them to actively participate in community extension programs. The demonstration class conducted by the Kerala Fire Force Department was a significant opportunity for the NSS volunteers to learn and practice vital techniques related to first aid and emergency response. By participating in this training program, the NSS volunteers gained valuable skills that would be invaluable in emergency situations. They were empowered to provide immediate assistance and support to individuals in need within their communities. Equipped with these valuable skills, the NSS volunteers were better prepared to serve their communities and make a positive impact during emergencies and other critical situations. Five Officers from Kerala Fire force department , Ranni Division trained the NSS Volunteers in the session.





ST. THOMAS COLLEGE, RANNI

NATIONAL SERVICE SCHEME UNIT NO: 44

Name of the Activity	Community Service during Covid Pandemic period
Academic year	2021-2022
Organising / Collaborating agency	NSS Volunteers
Beneficiaries	Community
Duration	Covid period several days
No. of Staff	nil
No. of Students	25

During the covid pandemic period, so many community services were done by the NSS volunteers at various places of Ranni. Two NSS Volunteers, Jeffin Jacob From the department of Commerce and Vysakh Chandran from the Economics department done so many services in their respective panchayath and received appreciation certificate for their valuable services during covid pandemic period.





Organic farming at home



ST. THOMAS COLLEGE, RANNI



RANNI ANGADI GRAMAPANCHAYAT

Angadi P.O, Ranni.

Pathanamthitta Dist, Pin -689674

Phone - 9496042657

Email - ranniangadigp@gmail.com

CERTIFICATE OF APPRECIATION

Awarded to

Mr. JEFFIN JACOB

(B.Com Student, St. Thomas College, Ranni)


For his Valuable efforts in environmental promotional activities (beyond the campus)
as Covid- 19 RRT Member in Ranni Angadi Gramapanchayat, Ranni , during 2021-22




G. SUDHAKUMARI
SECRETARY
RANNI-ANGADI GRAMA PANCHAYAT
ANGADI P.O., RANNI
Ph: 04735-226275



BINDHU REGI
President
Ranni-Angadi Grama Panchayat
Ranni-Angadi P.O., Pathanamthitta
Kerala, India, Pin -689 674
Ph: 04735-226275




 **KERALA POLICE** (Not Transferable)
COVID -19 Sl. No.....
SPECIAL PASS

Name : Uisaleh. Chandran.
Department: കിരണ വി. മിഷൻ.
Address: Is n. pa. Vechoochira p.o
vechoochira.
Contact No. 9447 961955
Signature of Holder: [Signature]
District Police Chief


★ We are together in combating COVID-19 ★


Government of Kerala
VECHOOCHIRA GRAMAPANCHAYAT
COVID-19 Volunteer

Name : മമ്മാലി ഉദിൻ
Address : കി. ഭാഗം വെച്ചൂച്ചിറ. Po
കിരണമർദ്ദം
Ward : 14
Purpose :
Time Of Work : 11/5/21 to 16/5/21


Signature: [Signature]
Secretary
Vechoochira Grama Panchayat



ST. THOMAS COLLEGE, RANNI

കുറുപ്പാക്ഷ-മാതൃഭാരതം



നമ്പർ.400370/GADC01/GPO/2023/2525/(1)

വെച്ചൂച്ചിറ ഗ്രാമ പഞ്ചായത്ത് ഓഫീസ്

ചേരത്തുരുത്ത്

കുന്നം വെച്ചൂച്ചിറ.പി.ഒ

പത്തനംതിട്ട

Phone No:04735265238

തീയതി : 20/04/2023

പ്രേഷകൻ

സെക്രട്ടറി

സ്വീകർത്താവ്

Vaisakh Chandran

Krupa, vcra, 13, Kunnam Vechoochira, 686511, Pathanamthitta, Kerala

സർ,

വിഷയം:- Related to Environmental Promotional Activities.

Certificate Of Appreciation

Awarded to Vaisakh Chandran(B A Economics, Student St. Thomas College Ranni) for his valuable performance in environmental promotional activities (beyond the campus) as Covid 19 volunteer in Vechoochira Gramapanchayat, Ranni during 2021-2022.



വിശ്വസ്യതയോടെ,

[Signature]

Secretary

Vechoochira Grama Panchayat,

Vechoochira P O

Pathanamthitta (Dist)

Phone: 04735265238,(9496042669)





ST. THOMAS COLLEGE, RANNI

Services during Covid lockdown period



Blood Donation



Providing Food



School Renovation after covid June 2021- August 2021
(Govt HSS Kadumeenchira, MTVHSS Kunnam & Venkuringji HSS)



Road Cleaning & Peruthenaruvi Tourism Place cleaning



ST. THOMAS COLLEGE, RANNI

Perunthenaruvi Tourism Development Co-operative Society Ltd. No. PT 225

Mannadisala P.O., Pin: 686 511
Pathanamthitta District- Kerala
E-mail: ptdcoops@gmail.com


President/Secretary



Date

പ്രശംസാപത്രം

2021-2022 വർഷത്തിൽ പെരുന്തേനരുവിയിൽ
പരിപാരി സംരക്ഷണ പ്രവർത്തനങ്ങൾക്ക് പങ്കെടുത്ത്
റാന്നി പെന്റ് ഹോസ് കോളേജ്, ഹെ ഹെ ഹെ മുതലിരിയ്ക്കി
നേതൃത്വത്തിൽ പെരുന്തേനരുവി ടൂറിസം മേഖലയിൽ
നടത്തിയ പരിപാരി സംരക്ഷണ പ്രവർത്തനങ്ങൾ,
ടൂറിസം മേഖലയിലെ ശുചീകരണം, മലിന്യ നിർമ്മാണം
ആദിമതല പരിപാരികൾ നടത്തിയ
പ്രിയപ്പെട്ട വിദ്യാർത്ഥികൾക്ക് അഭിനന്ദനങ്ങൾ


President




Secretary

CERTIFICATE OF APPRECIATION

Perunthenaruvi Tourism Development Co-operative Society appreciate and recognize the sincere and dedicated service rendered by the volunteers of NSS unit of St. Thomas College, Ranniy in conducting activities related to environmental protection, cleaning of tourist spots and waste disposal.



Perunthenaruvi Tourism Development Co-operative Society Ltd. No. PT 225

Mannadisala P.O., Pin: 686 511
Pathanamthitta District- Kerala
E-mail: ptdcoops@gmail.com



President/Secretary

Date

CERTIFICATE OF APPRECIATION

Awarded to

VAISAKH CHANDRAN (BA, Economics Student,
St Thomas College Ranni)

For his active involvement in environmental
promotional activities in the tourist spots
of perunthenaruvi region of vecherchira
Panchayath in Ranni Taluk during 2021-2022.

President

Secretary

Secretary





ST. THOMAS COLLEGE, RANNI

NATIONAL CADET CORPS (NCC) NCC-III COY, 14(K)BN

Name of the Activity	Distribution of medicinal plants- Awareness on traditional medicinal plants
Academic Year	2021-2022
Organizing / Collaborating agency	NCC Volunteers
Beneficiaries	Homes in Angadi Panchayath
Date/ Duration	05.06.2021
No. of Staff	01
No. of Students	34

On World Environment Day, June 5th, 2021, the National Cadet Corps (NCC) volunteers of St. Thomas College in Ranni organized a community initiative to distribute medicinal plants to households in the Angadi Panchayath. Principal Dr. Aleyamma Kuruvilla inaugurated the function, 25 students from the battalion participated.

The main objectives of the initiative were, To Promote the importance of medicinal plants in maintaining good health and well being and to raise awareness about the benefits of using medicinal plants for various diseases and to encourage the households to cultivate and nurture the medicinal plants within their premises.

The NCC volunteers, assembled at St. Thomas College and divided themselves into small groups to ensure efficient distribution across the entire Angadi Panchayath area. Each household in the Angadi Panchayath was visited by the volunteers, who explained the benefits and usage of the plants being distributed.



Distribution of medicinal plants



ST. THOMAS COLLEGE, RANNI

NATIONAL CADET CORPS (NCC) NCC-III COY, 14(K)BN

Name of the Activity	Blood Donation Camp
Academic Year	2021-2022
Organizing / Collaborating agency	District Hospital Pathanamthitta & NCC Volunteers
Beneficiaries	Patients at Thaluk hospital Pathanamthitta
Date/ Duration	26.11.2021
No. of Staff	01
No. of Students	30

NCC Unit of St. Thomas College, Ranni in association with Thaluk Hospital Pathanamthitta, organized a blood donation camp on 26th November 2021, at St. Thomas College, Ranni. The camp was conducted as part of the community extension program by the National Cadet Corps (NCC) volunteers. The event aimed to promote awareness about the importance of blood donation and encourage individuals to contribute towards saving lives.

Prior to the blood donation camp, extensive efforts were made to promote the event and create awareness about the significance of blood donation. The NCC volunteers utilized various communication channels, including social media platforms, college notice boards, and word-of-mouth, to spread the message among students, faculty, and the local community.

On the day of the camp, the venue was set up with different sections for registration, medical check-ups, and blood donation. A team of doctors and medical professionals from Thaluk Hospital Pathanamthitta were present to supervise the camp and ensure the safety and well-being of the donors.

Adequate arrangements for refreshments and rest areas were also made to ensure the comfort of the donors. The collective efforts of the NCC unit, Thaluk Hospital, and all the volunteers involved made this community extension program a worthy initiative.



Blood donation by NCC cadets



**NATIONAL CADET CORPS (NCC)
NCC-III COY, 14(K)BN**

Name of the Activity	"Miss A Meal and FEED The Poor"
Academic Year	2021-2022
Organizing / Collaborating agency	NCC Volunteers
Beneficiaries	Individuals at Taluk hospital premises
Date/ Duration	20.12.2021
No. of Staff	01
No. of Students	95

The NCC cadets of St. Thomas College Ranni, in a compassionate effort to address the issue of hunger and support the needy, launched a program titled "Miss a Meal and Feed the Poor" on December 20th 2021.

The primary aim of this initiative was to provide food to needy individuals within the Taluk Hospital and premises of Ranni. The program was inaugurated by Capt. John M George, who not only graced the occasion but personally donating a meal. Volunteers, driven by the spirit of compassion, brought "pothichoru" meals from their own homes. They also collected the pothichoru from other students at college, who were willing to donate a meal on that day. Ninety five pothichoru collected and distributed to the needy individuals at hospital premises.

The "Miss a Meal and Feed the Poor" program by the NCC cadets of St. Thomas College Ranni stands as a shining example of how small acts of kindness can make a significant difference in the lives of those in need.



"Miss a Meal and Feed the Poor"