

# ST. THOMAS COLLEGE

Ranni, Pathanamthitta, Kerala – 689673
ACCREDITED BY NAAC WITH 'B' GRADE

1.3.1: Institution integrates crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability in transacting the Curriculam

Programs addressing crosscutting issues

2020-2021

**CRITERION: 1** 

**CURRICULAR ASPECTS** 

## Programmes related to cross-cutting issues conducted during the academic year 2020-21.

Date	Department/Cell/Club	Name of Programme	Coordinator	Specify the issues dealt	Crosscutting Issue addressed in the Programme
		Gender Sensitization			Gender
		Programme	Dr Rigy Idiculla & Dr	Protection of Women from	
14/11/2020	IQAC & Women's Cell	"NAAM" Series-III	Ansu Jacob	Domestic Violence	
					Gender
		Webinar:			
		"Psychological			
	IQAC & History	Challenges Faced by	Dr. Rigy Idiculla & Dr.	Psychological Challenges	
08/03/2021	Department	Woman"	Deepa Roselin Joseph	Faced by women	
		International		COVID 19 & Youth:	Human value
	IQAC & Tourism	Webinar: COVID-19	Dr. Rigy Idiculla &	Changing Priorities & New	
22/08/2020	Department	& Youth	Felix Abraham	Opportunities	



05/06/2020	NSS	Environmental day	Dr.Vinod kumar T G &	Nature awareness program-	Environment &
		celebration	Dr.Sreejaya R	Planting vegetables and	Sustainability
				fruit trees in volunteer's	
				homes, Poster designing	
				competition	
21/06/2020	NSS	Yoga Day	Dr.Vinod kumar T G &	Health awareness Program-	Human Value
		celebration	Dr.Sreejaya R	Mrs. Bindu S, the Trainer of	
				Yoga, Kendriya Vidhyalaya	
				Adoor conducted a virtual	
				yoga practice class for the	
				NSS Volunteers and took	
				classes on the importance of	
				Yoga in daily Life.	
11/07/2020	NSS	World population	Dr.Vinod Kumar T G	Nature awareness program -	Environment &
		day- essay writing	& Dr.Sreejaya R	The causes and problems of	Sustainability
		competition		Environmental issues due to	
				the Population Explosion	
07/08/2020	NSS	World Handloom	Dr.Vinod Kumar T G	A poster designing	Environment &
		Day	& Dr.Sreejaya R	competition was conducted	Sustainability
				by the volunteers on the	



				topic "Gandhiji and Handloom".	
15/08/2020	NSS	Independence Day	Dr.Vinod Kumar T G & Dr.Sreejaya R	handwriting competition, drawing competition, and elocution competition	Ethics
01/09/2020 &02/09/2020	NSS	Onam Day Celebration	Dr.Vinod Kumar T G & Dr.Sreejaya R	video making, Selfie with Pookkalam and Onam song. More than 40 students participated in the Onam Quiz program	Human value
16/09/2020	NSS	Elocution competition	Dr.Vinod Kumar T G & Dr.Sreejaya R	Nature awareness program - Essay writing competition among students based on the theme "Ozone- the protective layer- protect it"	Environment & Sustainability
24/09/2020	NSS	NSS Day celebration	Dr.Vinod Kumar T G & Dr.Sreejaya R	Awareness program- Role of NSS Volunteers in Community Service-webinar was conducted on the topic "NSS- Views and	Human value



				Opportunities in your life".  Various competitions were conducted as online like Essay writing, Painting, and Pencil drawing on NSS-related topics.	
08/10/2020	NSS	Oath taking Ceremony	Dr.Vinod Kumar T.G	Awareness on Covid	Human Value
25/11/2020	NSS & IQAC	Elocution competition	Dr Rigy Idiculla & Dr Sreejaya R	elocution competition on an international day for the elimination of violence against Women on the topic "Women the real Architects of Society"	Gender
06/12/2020	IQAC & NSS	Elocution competition	Dr Rigy Idiculla & Dr Sreejaya R	Topic "Effectiveness of Indian legislations in Protecting Women"	Gender
06/01/2021	NSS	Webinar on "Cancer- Prevention	Dr.Vinod Kumar T G & Dr.Sreejaya R	The speaker was Ms. Sumki Begum, Program coordinator outreach,	Human Value



		and healthy		Sanjeevani Life beyond	
		lifestyle"		cancer, Bangalore	
26/01/2021	NSS	Republic Day	Dr.Vinod Kumar T G	Quiz, competition, essay	Human value
		celebration	& Dr.Sreejaya R	writing competition, video	
				making competition	
24/03/2021	NSS	An awareness class	Dr.Vinod Kumar T G	Systematic Voters'	Human value
		on Parliamentary	& Dr.Sreejaya R	Education and Electoral	
		election		Participation 'Greater	
				Participation for a Stronger	
				Democracy' (SVEEP 2021)	
25/03/2021	IQAC, NSS & Sanitation	Awareness Class on	Dr. Rigy Idiculla, Dr.	Awareness program- Waste	Environment &
	Mission	Waste Management	Sreejaya R & Dr. Sneha	Management and	Sustainability
			Elcy Jacob	environmental protection	
05/04/2021	NSS	Election Duty	Dr.Vinod Kumar T G	Professional Ethics to	Professional Ethics
&06/04/2021			& Dr.Sreejaya R	Understand the Polling	
				Procedures	
25/09/2020		Online seminar		Role of Wildlife in the	Environment &
				Conservation of the	Sustainability
	Zoology		Dr.R Aruna Devy	Environment	



12/12/2020	Zoology	Pipe compost unit on	Dr. Aruna Devy	Safe disposal of biowaste	Environment &
		campus			Sustainability
23/01/2021	Zoology & Women's cell	National Webinar-	Dr.R Aruna Devy &Dr	Awareness program on	Gender
		Women centric	Ansu Jacob	Women's health	
		Cancer- Prevention			
		and Healthy			
		lifestyle.			
26/10/2020	Choreography Club	Cover Dance	Shruthi Mariam David	Patriotism	Ethics
	Music club &	Video on National			Ethics
31/10/2020	Choreography club	Unity Day	Shruthi Mariam David	National integrity	





# St. Thomas College, Ranni Programs related to crosscutting issues relevant to Professional Ethics, Gender, Human Values, Environment and Sustainability during the Academic year 2020-21

#### Seminar on Gender sensitization-NAAM in association with IQAC-14<sup>th</sup> November 2020

Gender sensitization is a basic requirement to understand the sensitive needs of a particular gender. The need for this sensitivity has been felt and realized through times immemorial and in almost all kinds of human existence, across the globe. Recent discourses focus upon the need to sensitize gender issues on campus as many believe that education is the catalyst for change. Gender issues can be sensitized in campuses through various activities like debates, discussions, seminars, theatrical performances, and other forms of arts. So here, Women's Cell conducted a seminar on Gender Sensitisation – 'NAAM' in association with IQAC on 14<sup>th</sup> November 2020 to examine our personal attitudes and beliefs and question the 'realities' that we thought we know. The programme was enriched by the thoughts and discussions given by the Resource Person Adv. Smitha Chand, Legal Councillor, Govt.Mahila Mandiram, Kozhencherry.





#### **WOMEN'S CELL**

ORGANISES A WEBINAR ON



### GENDER SENSITIZATION-"NAAM"

#### **Resource Person:** Adv.Smitha Chand

(Legal Councillor, Govt. Mahila Mandiram Kozhencherry, Pathanamthitta)

> Date: 14th November 2020 Saturday@11.00am

Platform: Google Meet

**Faculty Coordinators:** 

Scan the QR code to join

**Google Meet link:** 

Dr.Rigy Idiculla Dr.Ansu Jacob



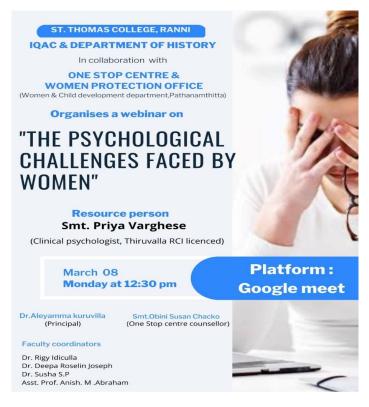
https://meet.google.co m/fqp-gbnh-mso

GENDER PARITY IS NOT JUST GOOD FOR WOMEN-IT'S GOOD FOR SOCIETIES - ANGELICA FUENTS



#### Webinar: The Psychological challenges faced by Women

IQAC and Department of History, St Thomas College, Ranni, in collaboration with One Stop Centre & Women Protection Office (Women & Child Development Department, Pathanamthitta) organized a Webinar on 'The Psychological Challenges Faced by Women 'on 8<sup>th</sup> March 2021, International Women's Day, Smt.Priya Varghese, Clinical Psychologist, was the Resource person. Principal of the college, Dr Aleyamma Kuruvilla, Smt Obini Susan Chacko, Psyco-Social Counsellor, and Dr Rigy Idiculla, IQAC coordinator spoke on the occasion.



**ASSESSMENT PERIOD 2017-2022** 



#### International Webinar on "Covid-19 And Youth: Changing Priorities or NewOpportunities

PG Department of Tourism and Travel Management in Association with IQAC organized an International Webinar on 22<sup>nd</sup> August 2020, it dealt with the topic "Covid-19 and Youth: Changing Priorities or New Opportunities?". Mr. Eldos Mathew Punnoose IFS (First Secretary, High Commission of India, Colombo (Sri Lanka) was the resource person for this webinar. Principal of the College Dr. Aleyamma Kuruvilla presided over the meeting.

College Manager Dr. Abraham V Kuriakose gave the felicitation for the webinar. This event was conducted on Google Meet and 150 participants attended the program. The welcome addresswas made by Head of the Tourism Department Assistant Prof Felix Abraham and IQAC Coordinator Dr. Rigy Idiculla proposed a vote of thanks for the webinar.

Youtube link: <a href="https://youtu.be/GIPBMuipyW8">https://youtu.be/GIPBMuipyW8</a>





#### Environmental Day Celebration -June 5th, 2020

June 5<sup>th</sup> the environmental day was celebrated by the NSS Volunteers in their own home due to the Covid- 19 Pandemic condition by planting 3 fruit sampling at their own home. The cleaning of the courtyard of the home was conducted by most of the volunteers. 100 NSS volunteers are involved in this special program.

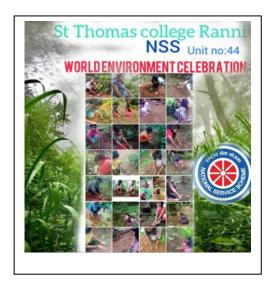






A poster designing competition was conducted by the volunteers on the topic "The problems and causes of environmental issues in the present scenario.



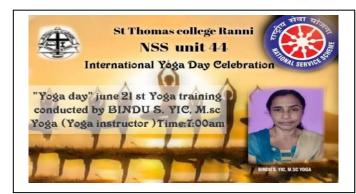




#### **Yoga Day Celebration - June 21, 2020**

Online yoga classes were held on International Yoga Day. Mrs. Bindu S, the Trainer of Yoga, Kendriya Vidhyalaya Adoor conducted a virtual yoga practice class for the NSS Volunteers and took classes on the importance of Yoga in daily Life. The Program was very informative, Participation of 100 volunteers and they understand the various 'Postures and Asanas' in Yoga practices.







#### **World Population Day – July 11**

An essay writing competition was held for all students of our college on the topic" The causes and problems of Environmental issues due to Population Explosion". Nine students participated in the competition and Kum. Keerthana S from II DC Botany dept won the First position.

#### **Word Handloom Day- August 7**

A poster designing program was conducted by the volunteers on the topic "Gandhiji and Handloom.

#### **INDEPENDENCE DAY – AUGUST 15**

Independence Day competitions were held on an online virtual platform mode which include a handwriting competition, drawing competition, and elocution competition. Aswin Alichan from D2 Zoology won the first prize in the Drawing competition, Shelcy Peus from D3 Physics won the first position in Elocution and Krishna Prabha from D2 Physics won the first position in teHandwriting



competition.





#### ONAM CELEBRATION- AUGUST 26, SEPTEMBER 1&2

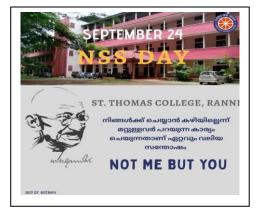
Various competitions were conducted online modes like video making, Selfies withPookkalam, and Onam songs. More than 40 students participated in the Onam Quiz program.

#### **OZONE DAY – SEPTEMBER 16**

September 16<sup>th</sup> was celebrated as ozone day with an essay writing competition among students based on the theme "Ozone- the protective layer- protect it". Alfia Majeed from II D2 Zoology won the Prize.

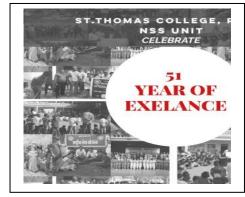
#### NSS DAY CELEBRATION – SEPTEMBER 24

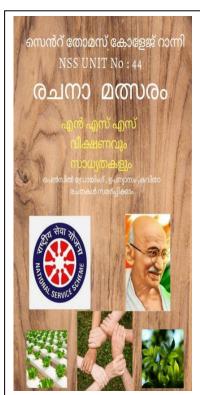
Various competitions were conducted online like Essay writing, Painting, and Pencil drawing on NSS-related topics. A webinar was conducted on the topic "NSS- Views and Opportunities in your life". The key speaker of the program was Dr.Suresh Chandra Kurup, Assistant Professor and NSS Program Officer, MG College Trivandrum spoke on the "Vision and Mission of NSS"











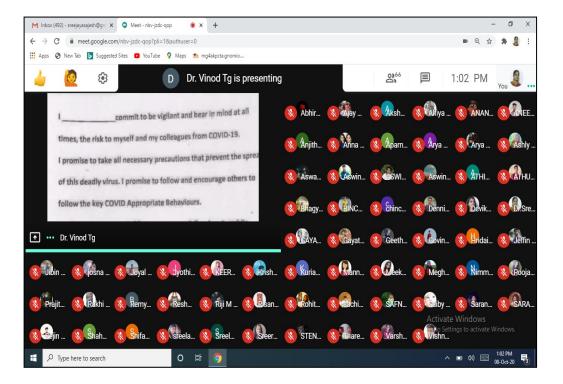






#### October 8th 2020

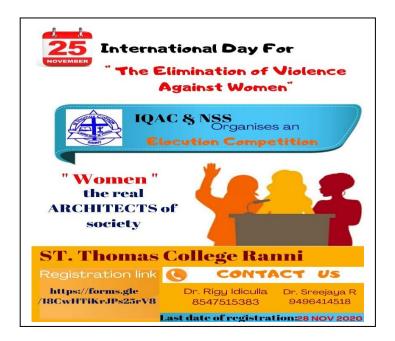
In order to create awareness of Covid-19 an oath-taking ceremony was conducted online on 8<sup>th</sup> October 2020. Dr. Vinod Kumar T G, the program officer dictated the oath.Sixty-six volunteers were present online.





#### **ELOCUTION COMPETITION -NOVEMBER 25**

NSS in association with IQAC of the college conducted an elocution competition on the International Day for Elimination of Violence against Women on the topic "Women the real ARCHITECTS of society". Fiver students participated in the competition.



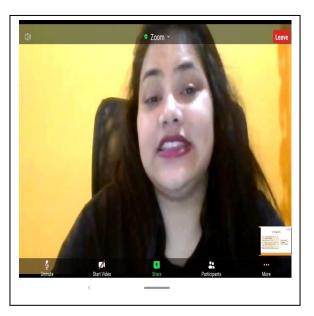
#### **ELOCUTION COMPETITION - DECEMBER 6**

NSS in association with IQAC of the college conducted an elocution competition on the topic "Effectiveness of Indian legislations in protecting the Women". Four students registered for the competition.

#### WEBINAR ON "CANCER" – JANUARY 6

NSS conducted a webinar on 16<sup>th</sup> January 2021 on the Zoom platform on the topic "Cancer- Prevention and healthy lifestyle". The key was Ms. Sumki Begum, Program coordinator outreach, Sanjeevani Life beyond cancer, Bangalore. Good feedback was obtained from





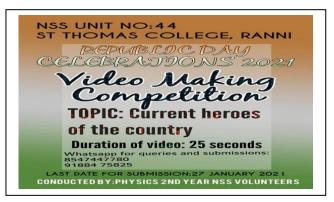


participated 127members of the webinar.

#### **REPUBLIC DAY CELEBRATION - JANUARY 26**

Various online competitions were conducted by volunteers of each department on Quizcompetitions, essay writing competitions, video making competitions, etc.





#### **AWARENESS CLASS AND TRAINING ON PARLIAMENT ELECTION**

Voter Education Systematic Voters' Education and Electoral Participation 'GreaterParticipation for a Stronger Democracy' (SVEEP 2021)

NSS in association with Thaluk office Ranni conducted an awareness class on election 2021. Second year NSS volunteers participated actively throughout the program.









#### **ELECTION DUTY ON 05.04.2021 & 06.04.2021**

Five NSS Volunteers voluntarily participated in the election duty at various Polling stations in Pathanamthitta District. The NSS Program Officer Dr. Vinod Kumar T G was also the presiding officer in this Assembly election.









#### **AWARENESS CLASS ON SAFE DISPOSAL OF WASTE- MARCH 25, 2021**

NSS Unit in association with State Suchitha Mission Pathanamthitta conducted an awareness class on the safe disposal of biowaste. Mr. Ajay K R, District Program Officer, Suchitha Mission is the key speaker of the program. Suchitha Mission introduced a waste sorting unit in the college campus. 75 Students benefited from this seminar.









ജില്ലാ ശുച്ചിത്വ മിഷൻ ക എൻ.എസ്.എസ് യുണിറ്റ് - 44



മാലിന്യ സംസ്ക്കരണ ബോധവൽക്കരണ ക്ലാസ്റ്റ്

#### ശ്രീ. അജയ് .കെ. ആർ

ജില്ലാ പ്രോഗ്രാം ഓഫീസർ, ശുചിത്വമിഷൻ ,പത്തനംതിട്ട ദിവസം: 25-03-2021

സമയം: 10:30 am സ്ഥലം : സെമിനാർ ഹാൾ



#### "ശുചിത്വം ശീലമാക്കാം"

ഉപയോഗശൂന്യമായ പ്ലാസ്റ്റിക് , പേപ്പർ തുടങ്ങിയ വസ്തുക്കൾ എങ്ങനെ കൈകാര്യം ചെയ്യണം ? നമുക്ക് മനസ്സിലാക്കാം.









E-WASTE







PLASTIC





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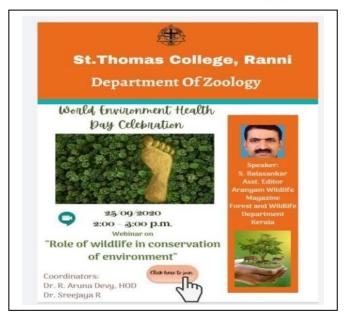




#### WORLD ENVIRONMENTAL HEALTH DAY" CELEBRATION

As a part of World Environmental Health Day, an online webinar on "Environmental conservation and wildlife protection" was conducted on 25<sup>th</sup> September 2020. Sri. S Balasankar, Section Forest Officer and Wildlife Journalist, Kerala Forest Department was the resource person, who explains the importance of the Forest and its healthy environment for a sustainable future. He also added the importance of conserving nature and wildlife by quoting many examples.







#### PIPE COMPOST UNIT IN THE CAMPUS

Zoology department in association with Bhoomitrasena club introduced 4 pipe compost unit on the college campus for the safe disposal of solid waste in the campuson 10<sup>th</sup> December 2020.



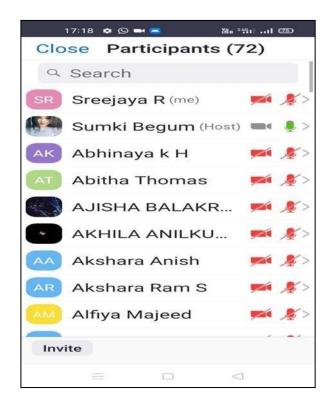


#### NATIONAL WEBINAR ON "CANCER AWARENESS"

Dept. of Zoology in association with women cell conducted a National webinar on 23<sup>rd</sup> January2021 through the Zoom platform on the topic "Women-centric Cancer- Prevention and Healthy Lifestyle". The key speaker was Ms. Sumki Begum, Program Coordinator Outreach, Sanjeevani Life beyond cancer, Bangalore. The speaker elaborately explained the different aspects of cancer pertaining to women and more than 72 girl students were benefitted from this webinar









#### Report on Choreography Club activities during the academic year 2020-2021

The Choreography Club of St. Thomas College Ranni has a group of vibrant and talenteddancers among students. The Club acts as a channel for promoting and exhibiting their talents and interest in dance and choreography.

#### **Activities based on Values**

• A Fusion dance video was presented by our choreography club members based on Patriotism.

The video was uploaded to the Youtube channel of St. Thomas College Ranni on 26<sup>th</sup> October 2020.

Link to the video: <a href="https://youtu.be/Ru3m99TkOZw">https://youtu.be/Ru3m99TkOZw</a>

• Choreography Club members released a musical and dance video as a part of National Unity Day Celebration on 31<sup>st</sup> October.

This video is a combined work of both the Music club and Choreography

Club Members. Also, the video is uploaded to the Youtube Channel of

St. Thomas College Ranni on 2<sup>nd</sup> November 2020.

Link of the video:

https://youtu.be/qXb4hpxCZN8

Report On Music Club Activities during the Year 2020-2021

Music Club of St. Thomas College, Ranni is established to present the talents of young musicians among students of our college. The Club has both vocal and instrument-playing musicians.

Activities Based on Values: Link of the Video <a href="https://youtu.be/qXb4hpxCN8">https://youtu.be/qXb4hpxCN8</a>



Music Club members created a music video as a part of the National Unity Day Celebration onOctober 31st.

The video is uploaded to the You tube Channel on 2nd November 2020 of St. ThomasCollege Ranni.

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Principal St. Thomas College Pazhavangadi P.O., Ranni

ASSESSMENT PERIOD 2017-2022

