



**ST. THOMAS COLLEGE**

Ranni, Pathanamthitta, Kerala - 689673

ACCREDITED BY NAAC WITH 'B' GRADE

### **7.1.1 : Gender Audit and measures for the promotion of Gender Equity**

#### **GENDER EQUITY PROGRAMMES - REPORT 2017 - 2022**

**CRITERION : 7**

**INSTITUTIONAL VALUES  
AND BEST PRACTICES**

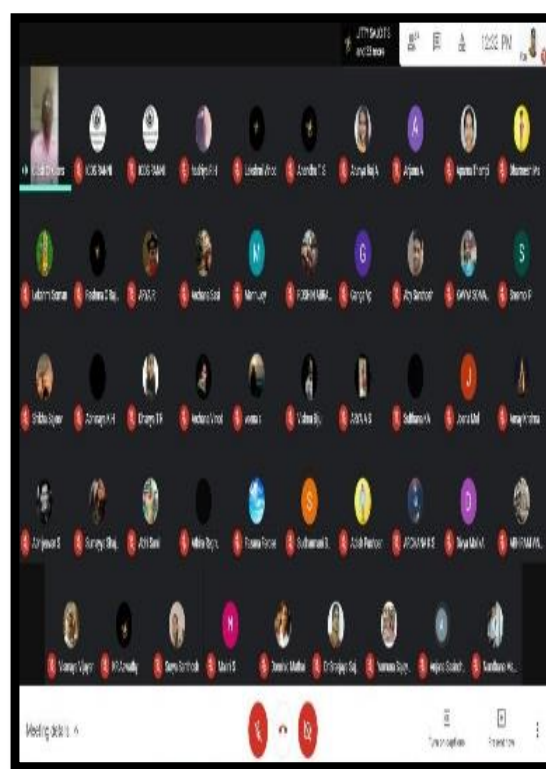


ST. THOMAS COLLEGE, RANNI

## GENDER EQUITY PROGRAMMES

Academic Year: 2021-22

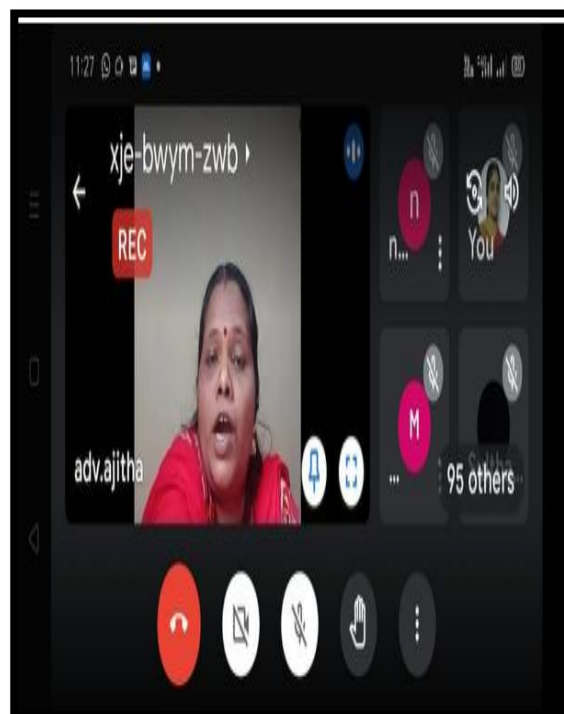
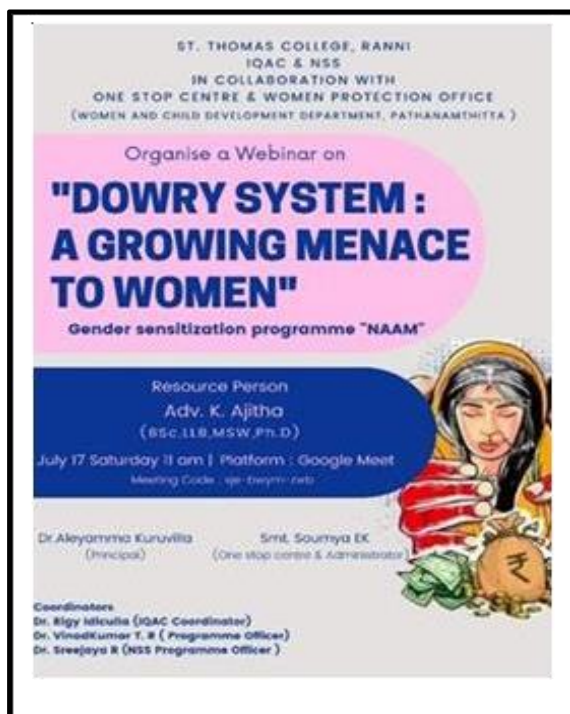
Anaemia campaign (Webinar)	
Organizing Department/ Agency	Date
IQAC & NSS	20/06/2021



IQAC and NSS in association with the Women and Child Welfare Department, Pathanamthitta conducted Anemia Campaign on 20.06.2021. This health awareness programme for girl students made them aware of the precautions to be taken to maintain their haemoglobin level. The Health Inspector, CHC, Vechoochira Sri. Raju was the resource person of the programme. 92 students participated in the seminar.



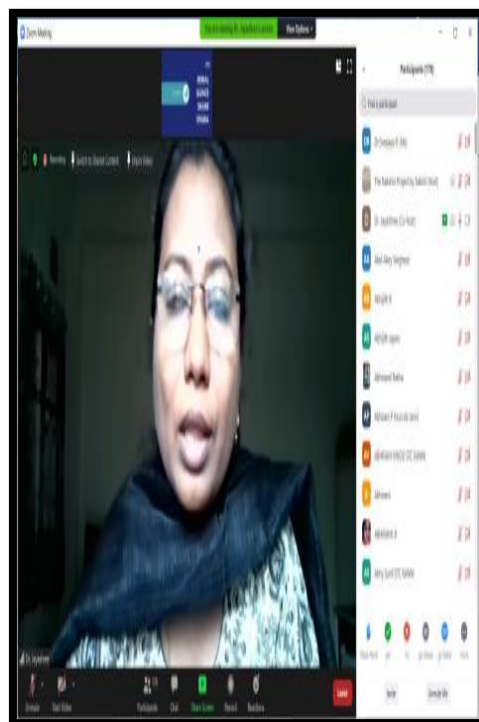
Dowry System: A Growing Menace to Women (Webinar)	
Organizing Department/ Agency	Date
IQAC & NSS	17/07/2021



IQAC and NSS in association with the Women and Child Development Department, Pathanamthitta, organised a webinar on ‘Dowry System: A Growing Menace to Women’ on 17/7/2021. The keynote address was delivered by Adv. K Ajitha, a leading advocate of the Kottayam Bar Association. Smt. E K Soumya, Administrator of the One Stop Centre, Pathanamthitta, spoke on the occasion.



POCSO Act 2012 & Gender Equality (Webinar)	
Organizing Department/ Agency	Date
NSS and IQAC	24/07/2021



NSS and IQAC in association with ‘Sakshi’ (an NGO that works among children) organised a webinar on ‘POCSO ACT 2012 AND GENDER EQUALITY’ on 24/7/2021. The keynote address was delivered by Dr. Jayashree, HR and Talent Development Consultant of ‘Sakshi’. In addition to our college, three additional colleges took part in the webinar. Representatives from all 4 colleges contributed to the discussion, after the presentation. The presentation provided a detailed account of the POC SO ACT 2012 and the various provisions of the Act. She also gave an account of the activities of ‘Sakshi’ and measures taken by the organisation for the protection of children from being abused. She encouraged NSS volunteers to join their ‘Rakshin Project’ in order to provide safe space sessions for children. 181 students attended the webinar.



One-Minute Short Film Contest 'Say No to Dowry'	
Organizing Department/ Agency	Date
EBSB Club	21/08/2021



A one-minute short film competition on the theme- "Say No to Dowry", was conducted in August 2021. The submissions from Vipi Sankar (II DC Zoology), Arathimol A (II DC Chemistry), and Prince V R (II DC Zoology) secured the top three positions respectively.





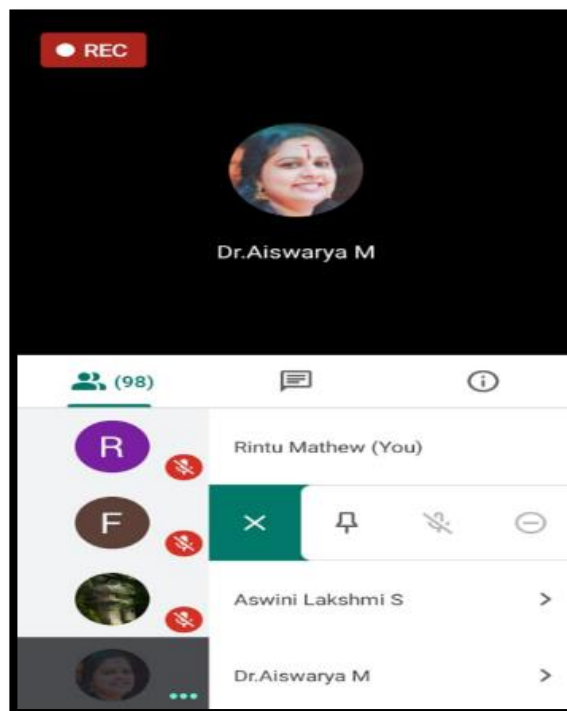
Gender Awareness Class (Webinar)	
Organizing Department/ Agency	Date
NSS and NAAM (Gender Sensitisation Initiative)	08/09/2021- 14/09/2021



NSS and Gender Justice Forum of St. Thomas College, Ranni in association with the Women and Child Welfare Department, Pathanamthitta, organised a three-day gender awareness class from 8-10 September 2021 for all college students to create awareness on various aspects of gender equality, gender justice and laws for women and children. Students actively interacted with the resource persons. 300 students of the college benefitted from this webinar. The NSS volunteers created a video and submitted it to the KANAL project.



Inauguration of Women's Cell	
Organizing Department/ Agency	Date
Women's Cell	1/10/2021




On 1 October 2021, the official inauguration of the Women Cell at St. Thomas College, Ranni was conducted through the online platform of Google Meet. The event commenced with a keynote address titled "Women Empowerment in Social Life" delivered by Dr. Aiswarya Madhavan, Assistant Professor at Govt. Law College Ernakulam. This programme drew over 100 female students who actively engaged, indicating their enthusiasm and engagement in the proceedings.



Youth Empowerment Programme	
Organizing Department/ Agency	Date
Women's Cell	07/10/2021

**Chief Guest**



JCI Sen Dr. Ancy George  
Former Principal-in-charge  
St. Dominics college, Kanjirapally

**Organizing Committee**

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Dr. Aleyamma Kuruvilla (Principal)  
Dr. Devipriya M (Secretary)  
Mrs. Rini Mathew (Coordinator)  
Dr. Marykutty James (Treasurer)  
Haripriya K.R (Student Coordinator)

**ST. THOMAS COLLEGE**  
Ranni, Pathanamthitta, Kerala - 689673

**Women cell**

THARJANI 2021 IN COLLABORATION WITH  
JCI KURUPPANTHARA

*Organizes*

**Youth Empowerment Programme**

**'Know Yourself'**

College Seminar Hall

7-10-2021  
11:00 a.m.

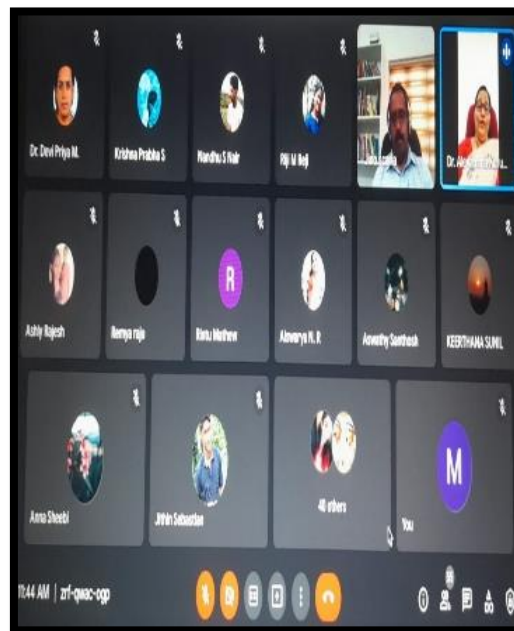
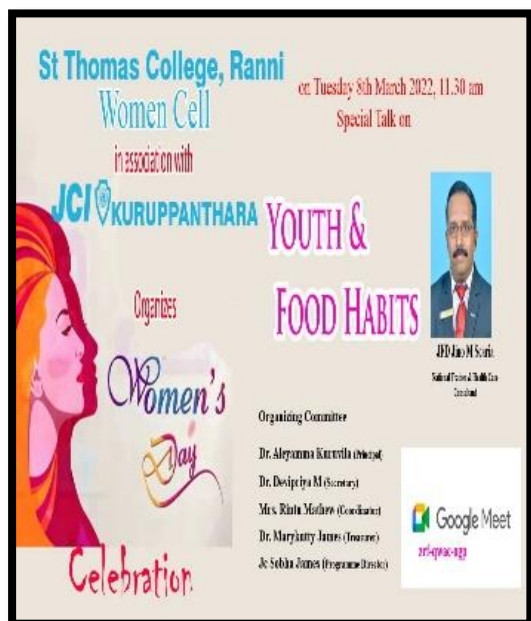


The Women's Cell, in association with JCI Kuruppanthara, organised a Youth Empowerment Programme - "Know Yourself" on 7 October 2021 at the seminar hall. The session was conducted by JCI Sen Dr. Ancy George, the former Principal-in-charge of SD College Kanjirapally. A total of 31 students actively participated in the programme.





Talk on 'Youth and Food Habits'	
Organizing Department/ Agency	Date
Women's Cell	03/03/2022



On 3 March 2022, the Women Cell organised a webinar titled "Youth and Food Habits" in collaboration with JCI Kuruppanthara. The online platform Google Meet served as the medium for conducting the event. The session featured an insightful talk delivered by Mr. Jino M Scaria, a renowned National Trainer and Health Care Consultant. The topic focused on examining the dietary practices of the youth. The programme garnered significant interest, with approximately 55 students actively participating and engaging in the discussions.



**Debate competition  
'Dowry System'**

Organizing Department/ Agency	Date
<b>IQAC &amp; NSS</b>	<b>08/03/2022</b>



In collaboration with the Women and Child Welfare Department, the National Service Scheme (NSS) and the Internal Quality Assurance Cell (IQAC) of St. Thomas College Ranni, organised a debate competition at the college level. This competition served as the selection panel for the District and State level Quiz competition, which commemorated International Women's Day on 8 March 2022. Fifteen students registered for the competition, out of which ten were eventually chosen for the college-level competition.



**District Level Competition**



Zero Discrimination Day- Essay writing competition	
Organizing Department/ Agency	Date
EBSB Club	05/03/2022



In commemoration of Zero Discrimination Day 2022, an essay competition was organised with the purpose of generating awareness among students regarding the issue of zero discrimination against women and girls. The competition aimed to foster a deeper understanding of the topic. Alfina.S (I DC History), won the first prize, while Shanu Merin Mathew (II DC English), secured the second place in the competition.



ST. THOMAS COLLEGE, RANNI

Academic Year: 2020-21

Talk on “The Role of Women in the Society”	
Organizing Department/ Agency	Date
Women’s Cell (Tharjani)	5/11/2020


**ST. THOMAS COLLEGE, RANNI**  
**WOMEN'S CELL**  
VIRTUAL INAUGURATION

**"THARJANI 2020"**

"We do not need magic to transform our world.  
We carry all of the power we need ourselves already."

Date : 5-11-2020, 11.00AM

Talk by :



**Dr. Divya S Iyer IAS**  
(Mission Director, Mahatma  
Gandhi NREGS, Kerala)

Presidential Address : Dr. Aleyamma Kuruvilla (Principal)

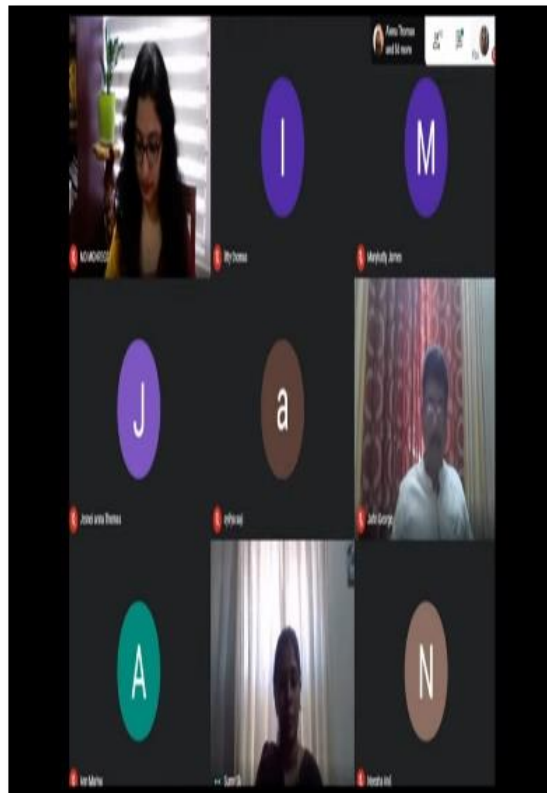
**Faculty Coordinators:**  
Dr. Ansu Jacob  
Asst. Prof. Sumi Simon  
Dr. Marykutty James

**Student Coordinator:**  
Kavya Sara Saru

Scan the QR Code to join

Catch it on:

<https://meet.google.com/rtg-4mcb-eet>  
<https://youtu.be/jLcFskcBBc>

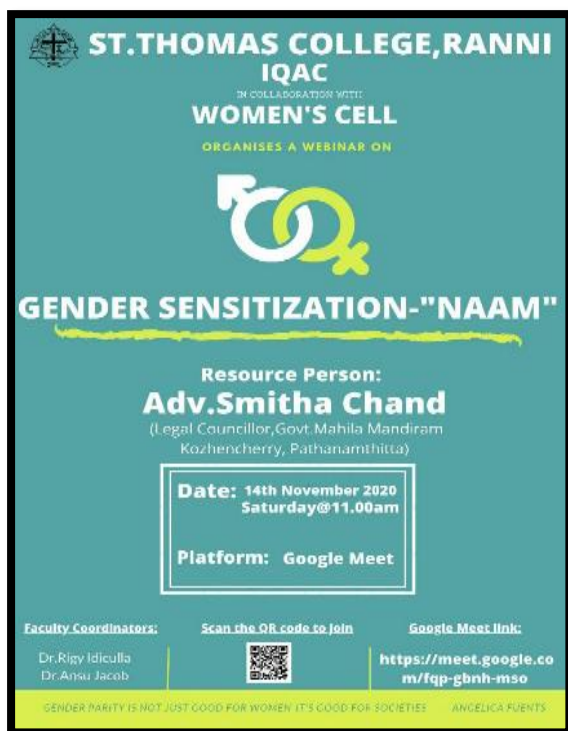


Women’s Cell, on the occasion of its inaugural ceremony, hosted a talk on ‘THE ROLE OF WOMEN IN THE SOCIETY’ by Dr. Divya S. Iyer, IAS, Mission Director, Mahatma Gandhi NREGS, on 5 November 2020 at 11.00 a.m.





Gender Sensitisation (Webinar)	
Organizing Department/ Agency	Date
IQAC & NAAM	14/11/2020

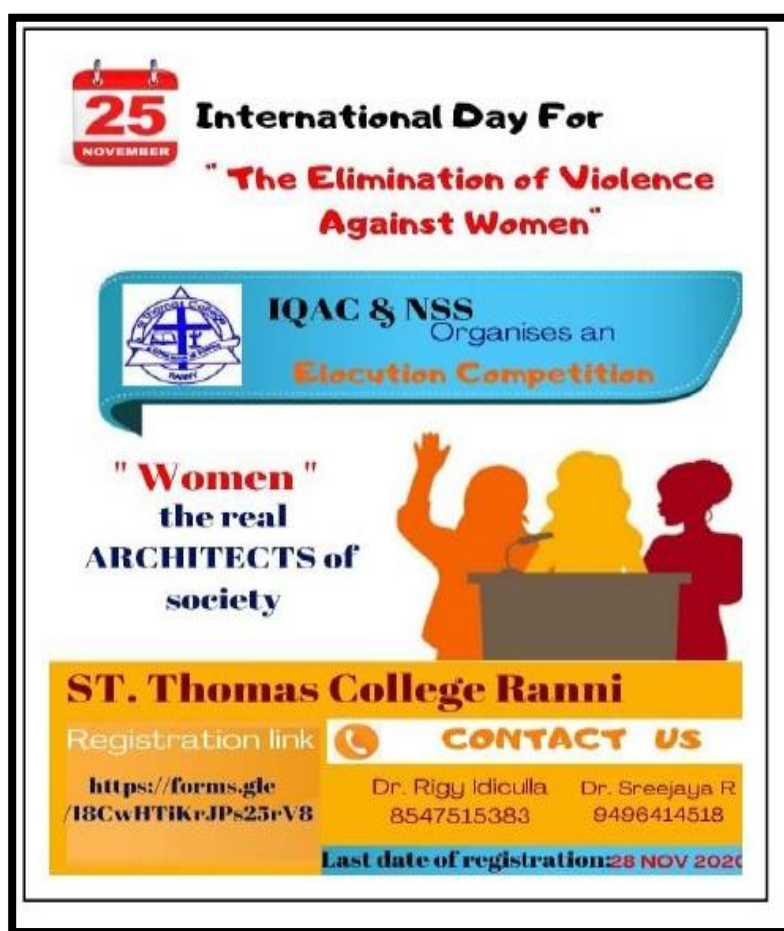


‘NAAM’ a gender sensitization initiative of the IQAC and Women’s Cell of the college organised a webinar on gender sensitization on 14 November at 11:00 a.m. The Keynote address was delivered by Advocate Smitha Chand, Legal Councillor, Government Mahila Mandiram, Kozhencherry, Pathanamthitta. She primarily stressed the laws available to protect women and constitutional provisions which ensured the safety of women. The lecture was followed by an interactive session. IQAC coordinator Dr. Rigy Idiculla and Women’s Cell coordinator Dr. Ansu Jacob also spoke on the occasion. 62 students participated in the webinar.





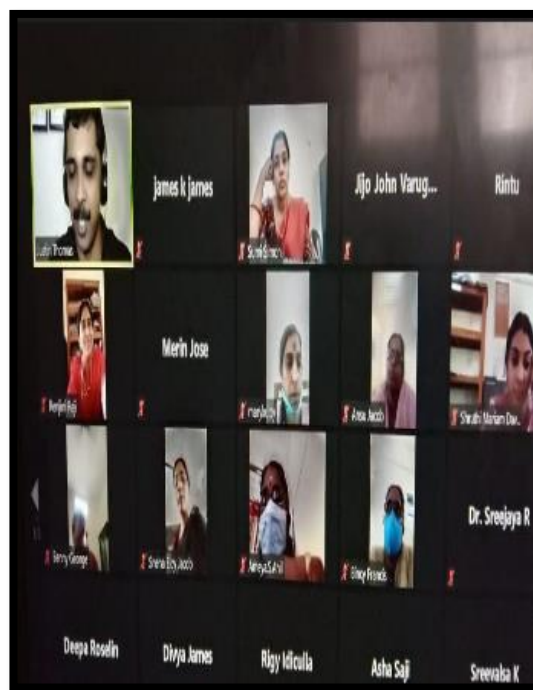
Elocution Competition 'Women the Real Architects of Society'	
Organizing Department/ Agency	Date
NSS, IQAC	25/11/2020



The National Service Scheme (NSS), in collaboration with the IQAC of the college, organised an elocution competition on the International Day for the Elimination of Violence against Women. The competition focused on the topic "Women: The Real Architects of Society". Five students actively participated in the event. Aswin Alichan, a student from the Zoology department, emerged as the winner of the competition and was awarded the prize.



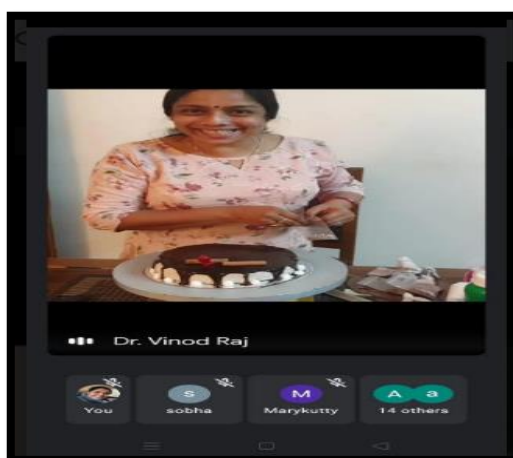
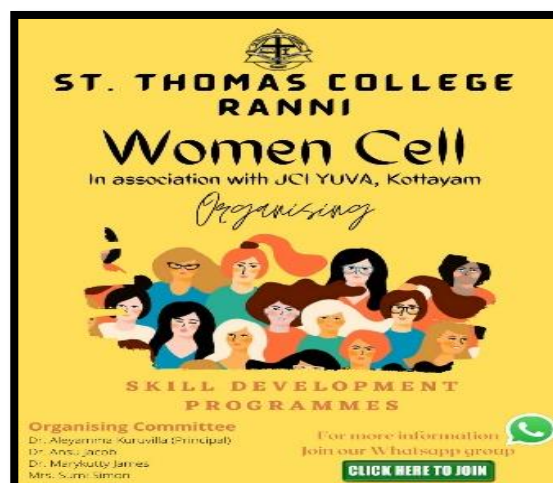
Talk on Stress Management	
Organizing Department/ Agency	Date
Women's Cell	15/02/2021



In association with JCI YUVA, Kottayam, the Women Cell organised a talk on stress management for teachers on 15 February 2021. JCL Sen. Justin Thomas, a national trainer, served as the event's keynote speaker. The discussion highlighted the effectiveness of several stress relief approaches in quickly lowering the body's stress reaction.



Skill development Programmes	
Organizing Department/ Agency	Date
Women's Cell	17/02/2021
	18/02/2021
	30/03/2021



Women's Cell (Tharjani), in association with JCI YUVA, Kottayam, conducted various skill development programmes like jewellery making, embroidery, cake making, designing and interview skills. The resource persons were eminent JCI National Trainers – Mrs.Supriya Ashok, Mrs.Chithra Vinod and Mr. Acewin Augustine.



<b>‘Psychological challenges faced by women’ (Webinar)</b>	
Organizing Department/ Agency	Date
<b>IQAC and the Department of History</b>	<b>08/03/2021</b>



**ST. THOMAS COLLEGE, RANNI**  
**IQAC & DEPARTMENT OF HISTORY**

In collaboration with  
**ONE STOP CENTRE &  
WOMEN PROTECTION OFFICE**  
(Women & Child development department, Pathanamthitta)

**Organises a webinar on**

**"THE PSYCHOLOGICAL  
CHALLENGES FACED BY  
WOMEN"**

**Resource person**  
**Smt. Priya Varghese**  
(Clinical psychologist, Thiruvalla RCI licenced)

**March 08**  
**Monday at 12:30 pm**

**Platform :  
Google meet**

**Dr. Aleyamma kuruvilla**  
(Principal)

**Smt. Obini Susan Chacko**  
(One Stop centre counsellor)

**Faculty coordinators**  
Dr. Rigy Idiculla  
Dr. Deepa Roselin Joseph  
Dr. Susha S.P  
Asst. Prof. Anish. M. Abraham

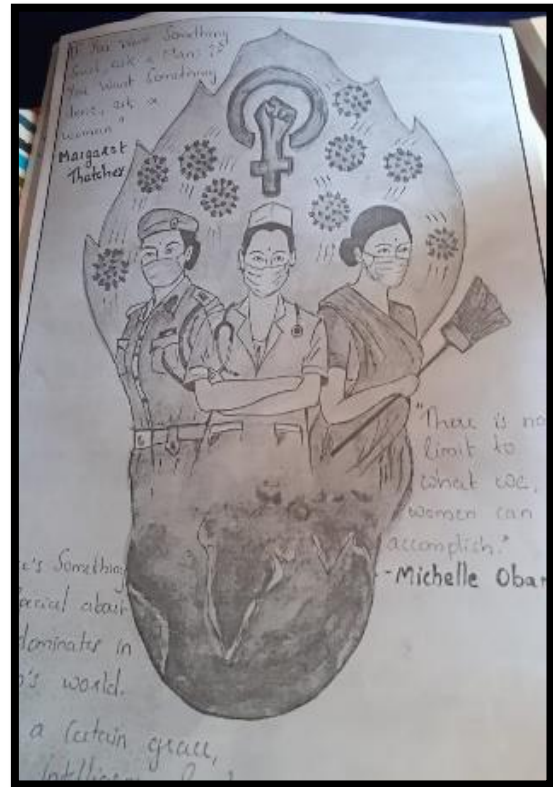
IQAC and the Department of History in collaboration with One Stop Centre & Women Protection Office (Women & Child Development Department, Pathanamthitta) organised a Webinar on “The Psychological Challenges Faced by Women” on 8 March 2021- International Women’s Day. Smt Priya Varghese, Clinical Psychologist, was the Resource Person. Dr Aleyamma Kuruvilla (Principal), Smt. Obini Susan Chacko (Psycho-Social Counsellor) and Dr Rigy Idiculla (IQAC coordinator) spoke on the occasion. 52 students participated in the webinar.





Intercollegiate online poster designing competition (International Women's Day)	
Organizing Department/ Agency	Date
<b>Dept. of History</b>	<b>08/03/2021</b>

Intercollegiate online poster designing competition (International Women's Day)	
Organizing Department/ Agency	Date
<b>Dept. of History</b>	<b>08/03/2021</b>

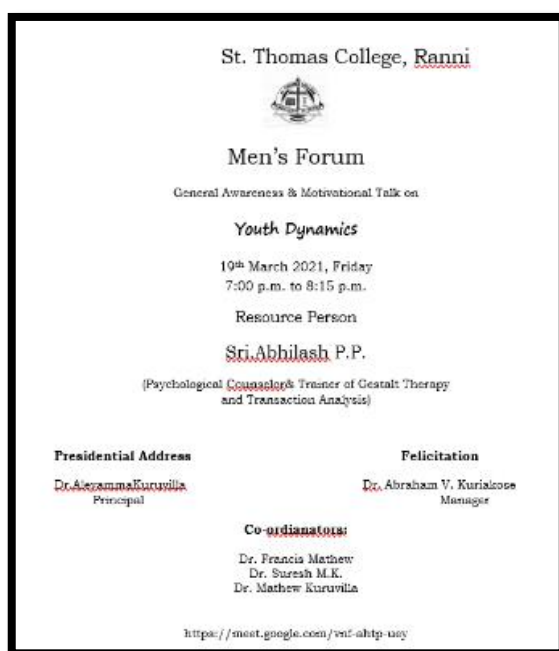


On International Women's Day, the Department of History organised an inter-collegiate online poster designing competition on 8 March 2021. The competition was centered on the theme of "Women in Leadership: Achieving an Equal Future in a COVID-19 World." The event aimed to celebrate women's accomplishments, particularly in the context of navigating the challenges posed by the COVID-19 pandemic and to encourage dialogue surrounding the pursuit of gender equality in leadership roles.





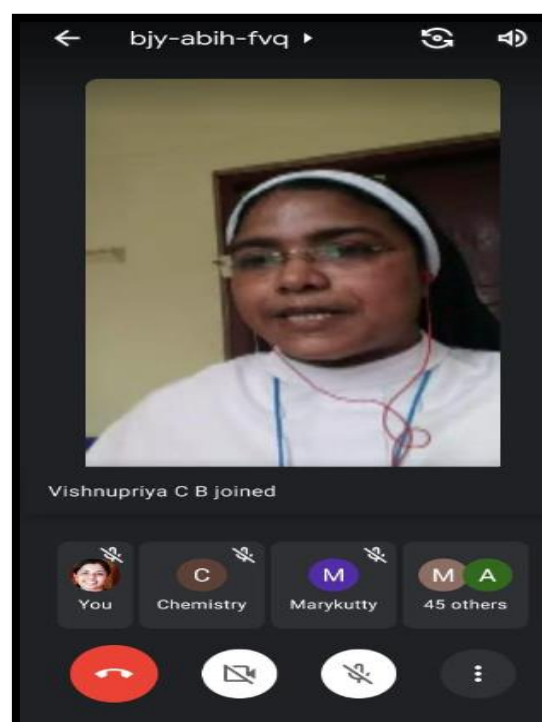
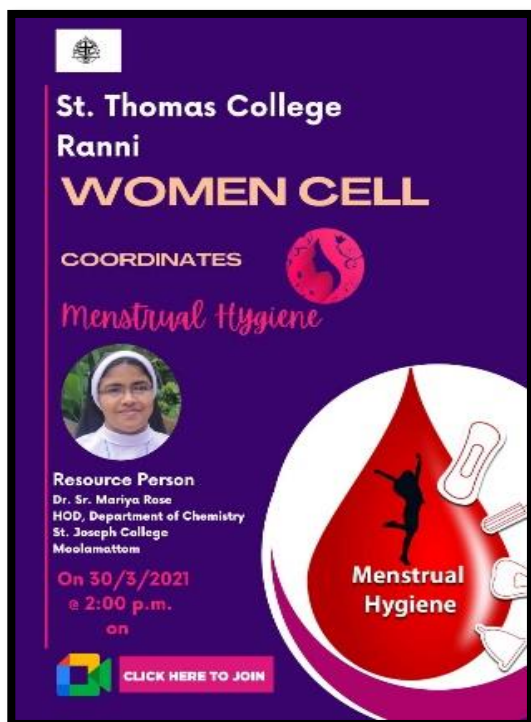
Motivational Talk on Youth Dynamics	
Organizing Department/ Agency	Date
Men's Forum	19/03/2021



On 19 March 2021, the Men's Forum organised a session on general awareness and motivation, specifically addressing the topic of "Youth Dynamics." The session was led by Sri. Abhilash PP, a renowned Psychological Counsellor and Trainer specialised in Gestalt Therapy and Transaction Analysis. The session aimed to provide insights and guidance to the audience regarding the psychological and behavioural aspects relevant to the youth population.



Awareness Class on Menstrual Hygiene Management	
Organizing Department/ Agency	Date
Women's Cell	30/03/2021



On 30 March 2021, the Women Cell of St. Thomas College, Ranni, conducted an educational session on the topic of "Menstrual Hygiene." The session was conducted through the online platform of Google Meet. Dr. Sr. Mariya Rose (Head, Department of Chemistry, St. Joseph College, Moolamattom) was the esteemed speaker who delivered the informative class. The objective of the session was to enhance awareness among the participants regarding the importance of maintaining proper menstrual hygiene.



**Academic Year: 2019-20**

<b>Gender Sensitisation Programme- Series I</b>	
Organizing Department/ Agency	Date
<b>IQAC&amp; NAAM</b>	<b>17/12/2019</b>



On 17 December 2019, a gender sensitization programme called "NAAM" was conducted by IQAC in collaboration with the Men's Forum and Women's Cell at St. Thomas College, Ranni. The program aimed to promote awareness and understanding of gender-related issues among the participants. The keynote speaker for the event was Smt. Soumya E.K, the Administrator of the One Stop Crisis Centre in the Department of Women and Child Development. The programme spanned a duration of two hours and proved highly fruitful in terms of its impact on the participating students.



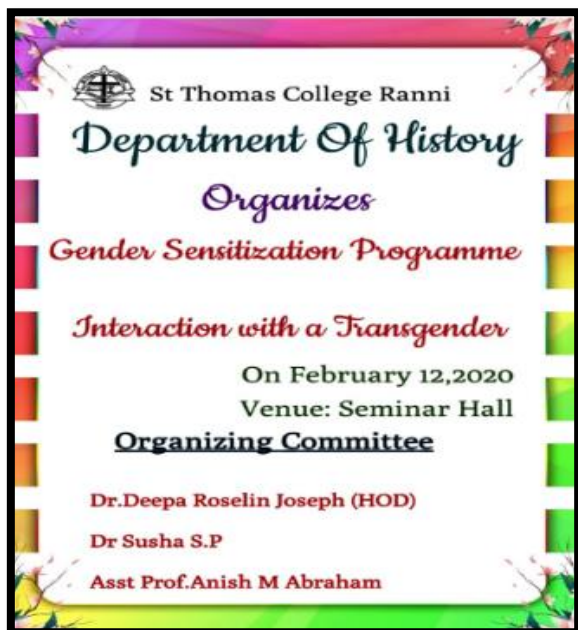
Gender Sensitisation Programme- Series II	
Organizing Department/ Agency	Date
IQAC, NSS &NAAM	04/02/2020



The second series of the gender sensitization program, titled "NAAM," was organised by IQAC in collaboration with the National Service Scheme (NSS) and Women's Cell on 04 February 2020. The programme featured a keynote address by Nakshatra V Kurup, a transgender and a member of the Gender Justice Board, who is an active advocate of transgender rights in Pathanamthitta. Additionally, Mrs. Ramadevi M V (Community Counsellor and District-level facilitator) and Razia Sujeesh (*Snehitha* Service provider from Pathanamthitta) delivered educational sessions for the participants.



Gender Sensitization Programme- Interaction with a Transgender	
Organizing Department/ Agency	Date
Dept. of History	12/02/2020



On 12 February 2020, the Department of History conducted an interactive session as part of their gender sensitisation program. The session featured the participation of two transgenders who shared their insights and experiences, contributing to a deeper understanding of gender diversity and fostering a more inclusive environment.





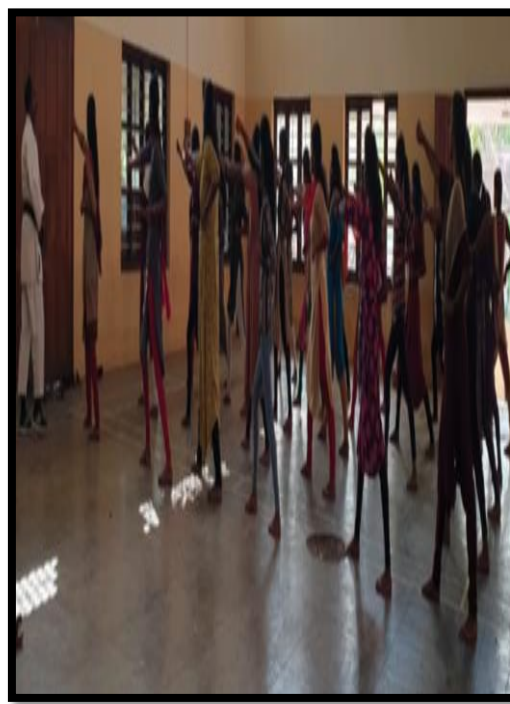
<b>Health Awareness &amp; Counselling Class</b>	
Organizing Department/ Agency	Date
<b>IQAC &amp; Men's Forum</b>	<b>04/03/2020</b>



A health awareness and counselling class was conducted in association with the Men's forum on 4 March 2020 at college auditorium. The Chief Guests of the programme were Dr.Boby Cherian Sakariah and Dr.Rani K R (Taluk Hospital, Ranni).



Fierce Diva Self Defence Class for Women	
Organizing Department/ Agency	Date
Dept. of Physical Education	05/03/2020



FIERCE DIVA, a self defense class for women was conducted in association with Physical Education Department on 05/03/2020 at 03.00 p.m. in the college auditorium.



Academic Year 2018-19

Women's Cell Inauguration	
Organizing Department/ Agency	Date
Women's Cell	16/10/2018



The activities of women's cell for the academic year 2018-19 was officially inaugurated by Dr. Asha S (Government Ayurveda Hospital, Meenadam). The meeting was presided over by Dr. Lata Marina Varghese (Principal). Dr. Asha delivered a talk on 'Women-The Architect of Society'.



Transgender Awareness Programme	
Organizing Department/ Agency	Date
Social Justice Dept. Kerala	21/11/2018

കേരള സർക്കാർ  
സാമൂഹ്യ നീതി വകുപ്പ്  
പത്തനംതിട്ട ജില്ല

### ട്രാൻസ്ജെൻഡർ ക്ഷേമം ബോധവൽക്കരണ പരിപാടി - 2018

ട്രാൻസ്ജെൻഡർ വിഭാഗത്തിൽപ്പെട്ട ആളുകൾ നേരിടുന്ന വിവിധ പ്രശ്നങ്ങൾ പരിഹരിക്കുന്നതിനായി ഇന്ത്യയിൽ ആദ്യമായി ട്രാൻസ്ജെൻഡർ പോളിസി പ്രഖ്യാപിച്ച സംസ്ഥാനമാണ് കേരളം. ട്രാൻസ്ജെൻഡർ വിഭാഗം വ്യക്തികൾ നേരിടുന്ന വിഭവചനങ്ങളും മനുഷ്യാവകാശ ലംഘനങ്ങളും അവസാനിപ്പിക്കുന്നതിനും ആലുനിയി ഉറപ്പാക്കുന്നതിനും, അവരെ സമൂഹത്തിന്റെ മുഖ്യധാരയിൽ കൊണ്ടുവരുക എന്ന ലക്ഷ്യത്തോടെ സാമൂഹ്യ നീതി വകുപ്പ് ബോധവൽക്കരണ പരിപാടി സംഘടിപ്പിച്ചിരിക്കുകയാണ്.

പ്രസ്തുത പരിപാടിയിൽ ശ്രീ. അലോഷ്യസ് (പ്രൊജക്ട് മാനേജർ എൽ.എ. എസ്. കൊല്ലം) നയിക്കുന്ന ബോധവൽക്കരണ ക്ലാസ്, ചർച്ച, ക്വിസ് മത്സരം, പെയിന്റിംഗ് മത്സരം എന്നിവ നടത്തുന്നതാണ്. ട്രാൻസ്ജെൻഡർ വിഭാഗത്തിലുള്ള വ്യക്തികൾ നേരിടുന്ന പ്രശ്നങ്ങൾ വിശദീകരിക്കുമായി പങ്കുവെക്കുന്നതിന് മുഖാമുഖം പരിപാടിയും സംഘടിപ്പിക്കുന്നു. ആഴ്ചയിന്റെ ഭാഗമായി 2018 നവംബർ 21ന് രാവിലെ 9.30 മുതൽ രാത്രി 8.00 വരെ സാമൂഹ്യ നീതി വകുപ്പ് വിദ്യാർത്ഥികൾക്കായി ട്രാൻസ്ജെൻഡർ ബോധവൽക്കരണ പരിപാടി നടത്തുന്നു. പ്രസ്തുത പരിപാടിയിലേക്ക് താങ്കളുടെ സാന്നിധ്യം സഹകരണം അഭ്യർത്ഥിക്കുന്നു.

വിദ്യാർത്ഥികൾക്കായുള്ള  
ജില്ലാ സാമൂഹ്യ നീതി ഓഫീസ്  
പത്തനംതിട്ട

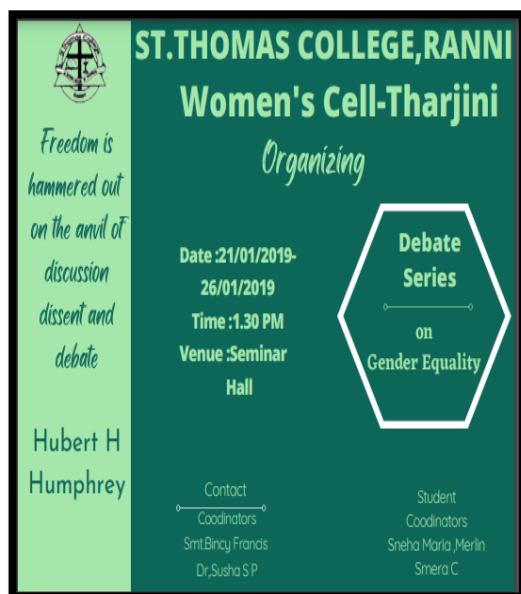
**കാര്യപരിപാടി**

9:30 am	: രജിസ്ട്രേഷൻ
10:00 am	: ഇരുപതു പ്രാർത്ഥന, ഉദ്ഘാടനം
10:30 - 11:30 am	: <b>ബോധവൽക്കരണ ക്ലാസ്</b>
ക്ലാസ് നയിക്കുന്നത്	: <b>ശ്രീ. സി. അലോഷ്യസ്</b> (പ്രൊജക്ട് മാനേജർ, LAS കൊല്ലം)
വിഷയം	: " സമൂഹത്തിൽ ട്രാൻസ്ജെൻഡർ വിഭാഗം നേരിടുന്ന വിഭവചനം "
11:30 am - 12pm	: <b>മുതലായ പരിപാടി</b> (വിദ്യാർത്ഥികൾ - ട്രാൻസ്ജെൻഡർ)
12:00 മുതൽ 1 മണി വരെ	: ക്വിസ് മത്സരം, പെയിന്റിംഗ് മത്സരം
1 pm	: സമാപനം, സമാപനം

On 21 November 2018, the Department of Social Justice in Kerala coordinated a transgender awareness programme at St. Thomas College, Ranni, specifically for the students. The programme began with an enlightening lecture delivered by Sri. Alosious, the project manager of LAS Kollam. This was followed by a quiz competition and a painting competition.



Debate series on Gender Equity	
Organizing Department/ Agency	Date
Women's Cell	21/01/2019- 26/01/2019



The Women's Cell (Tharjini) of St. Thomas College, Ranni, undertook the organisation of a series of debates centred on the theme of "Gender Equity" during the period spanning from 21 January 2019 to 26 January 2019.





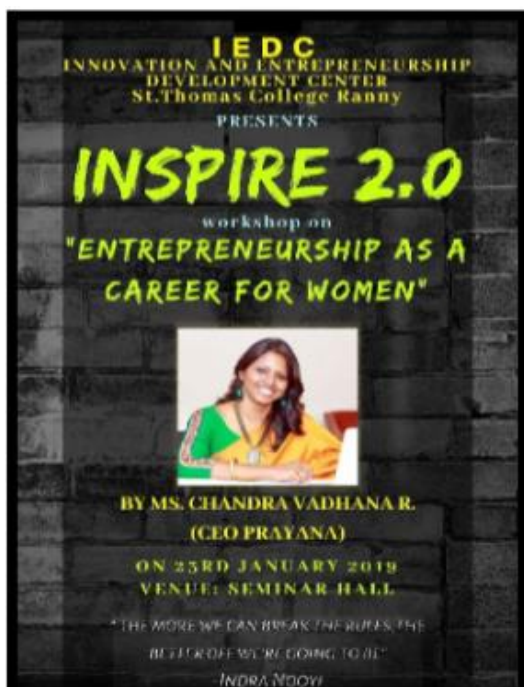
Breast Cancer Awareness Class	
Organizing Department/ Agency	Date
Women's Cell	29/01/2019



The Women's Cell (Tharjini), organised a Breast Cancer Awareness Programme and Medical Camp in partnership with SAKHI (Medical College Kottayam) on 29 January 2019.



Workshop on Entrepreneurship as a career for women	
Organizing Department/ Agency	Date
IEDC	23/01/2019



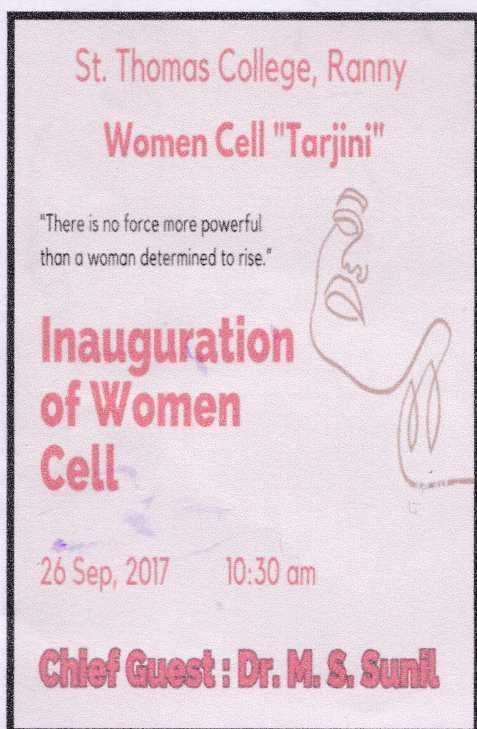
The "Inspire 2.0" workshop, tailored specifically for female students of our college, focused on exploring "Entrepreneurship as a Career for Women." This one-day event, organised by the Innovation and Entrepreneurship Development Cell (IEDC), took place on 23 January 2019. The workshop featured Ms. Chandravadhana, the CEO of Prayana and Fortune Factory, as the resource person. Ms. Chandravadhana's notable achievements include receiving the esteemed Empretec Women in Business Award from UNCTAD in 2018. During the workshop, she elaborated on the potential opportunities and ventures available to women entrepreneurs. The session fostered high levels of interaction, with students being divided into groups and tasked with identifying a specific problem area and presenting innovative solutions for it.



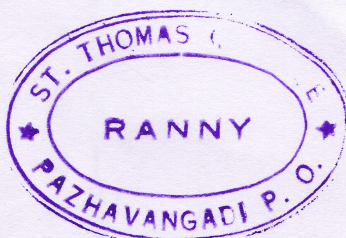


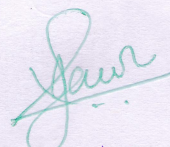
Academic Year 2017-18

Women's Cell Inauguration	
Organizing Department/ Agency	Date
Women's Cell	26/09/2017



On 26 September 2017, the inaugural ceremony of the Women's Cell (Tharjini) was conducted with Dr. MS Sunil gracing the occasion. During the event, Dr. Sunil delivered a significant address reflecting upon the theme: "there is no force more powerful than a woman determined to rise," sharing her valuable insights.



  
Principal  
St. Thomas College  
Pazhavangadi P.O., Ranni